

# SynNor Brevet

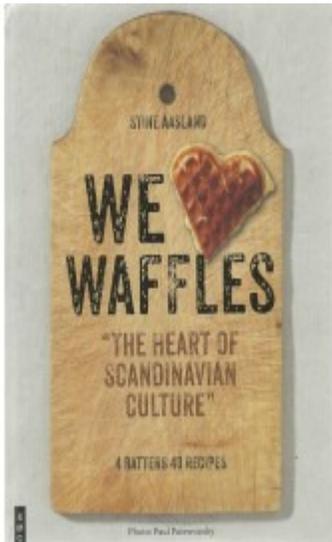
Published monthly by  
**Synnøve-Nordkap**  
**Lodge #1-008**



**April 2016**  
**Number 16:4**

**District 1 Lodge of the Year 2013 and  
Family Lodge of the Year 2006, 2008**

**Don't waffle on attending this program! Come meet the "Vaffeler Lady"**



The Norwegian waffle queen has come to America! Your heart waffle maker has never seen such variety. Includes four batters—Norwegian, gluten-free, multigrain, and Swedish crisp, with 40 expansive recipes. Share the love.

Waffles: the ultimate comfort food. That's how author and waffle entrepreneur Stine Åsland describes this ubiquitous heart-shaped edible devoured more often in Norway than anywhere else in the world. Versatile and inexpensive, waffles do duty not just for breakfast, lunch, and dinner, but also for snacks or dessert. Is it any wonder, then, that there's an International Waffle Day on March 25?

The Who, What, When, Where, and Why of Waffle Day and the whole Norwegian waffle phenomenon is explored here just as Waffle Day links up with Good Friday.

A variety of books have been written about waffles, many of them recipes or cookbooks. A current one by Norwegian Stine Åsland is *We Love Waffles*. Known as the Queen of Waffles, Åsland founded a waffle company in Norway in 2008. It is

now Norway's largest waffle company. However, she sold it in 2014 and moved to the U.S. where she established a new waffle business. Her goal is to spread Norwegian waffles all over the U.S. To that end, she has been making appearances around the country including Høstfest last fall and Vesterheim last December. And she will be with us Tuesday, April 12!

Though waffles originated in Belgium and the Waffle Day celebration began in Sweden, it is widely acknowledged that the heart-shaped kind are found primarily on Scandinavian shores and that Norwegians top everyone in their enthusiasm for eating them. "Nothing says 'home' to Norwegians like a waffle," claims a 2016 article in *Nordic Diner*. "Waffles are the epitome of hospitality and warmth. They are as important to Norwegians as the croissant is to the French. They represent a sense of belonging, the taste of home."



## Cultural Skills Conversations

What should our Lodge emphasize for development of cultural skills? The Cultural Skills Program is a key component of the Sons of Norway. It provides a framework for learning about traditional and contemporary Norwegian culture. Units consist of skill specific activities. Examples are: Traditional Norwegian Cooking, Reading Norwegian Authors, Rosemaling, Genealogy, Hand Knitting, Language, Hardanger Embroidery, Figure Carving or Chip Carving, Weaving, Music and Musicians.

On April 12 Synnøve-Nordkap members will discuss what cultural skills might be encouraged and supported by our Lodge. Please come prepared to contribute your thoughts, opinions and ideas. Thank you!

# Scandinavian Culture and News

By Don Halvorson

## The Dragon Harald Fairhair

Sagas tell us that when Eric the Red was just a boy his father was banished from Norway for committing manslaughter, and he and his family sailed west until they reached the relatively new Norwegian settlement of Iceland. As a man, Eric himself was banished from Iceland for three years because of a bloody land feud with one of his neighbors. A generation later, Eric's son Leif again sailed west, on information supplied to him by a merchant, and found himself and his crew on the east coast of Newfoundland.



This summer a newly built giant Viking longship, *Draken Harald Hårfagre* (*Dragon Harald Fairhair*), will relive all those storied travels again in Expedition America 2016. *Fairhair* is the largest ship of its kind ever built. It measures 115 feet long with a beam of 26 feet and a displacement of 95 metric tons. The longship is made of oak and has 2,800 square feet of sail. It is powered by 50 oars, two men to an oar and carries a crew of 30.

Construction began in 2010. Historically Viking replica ships were built by studying several sources: those uncovered in several archeological finds, or from information found in early Norse literature. But for this ship, because of its immense size, the builders decided to use the modern day traditions of Norwegian boat building; traditions that traced their roots back to early Viking times.

Its maiden voyage took place in 2012 and was oar and sail tested along the fjords and skerries of the

Norwegian coast. Since there had been no known experience in handling a longship of that size in modern times, the trip was a new learning experience for everyone on board. In 2014 the *Dragon Harald Fairhair* made its first long voyage from Norway to Liverpool, returning home by way of the Isle of Man, Western Isles, Orkney and the Shetlands.



On April 24, 2016 Expedition America begins. The longship will depart from its homeport of Haugesund on the southwest coast of Norway, and start out across the often unpredictable north Atlantic. The first stop will be Reykjavik, Iceland. Next it's on to Greenland, around Cape Farwell and stopping at the southwestern coastal port of Qaqortoq. Leaving Greenland they sail across the Davis Strait 1000 miles until they reach the coast of Newfoundland. There they will stop at the Viking settlement of L'Anse aux Meadows, Vinland. From there they will enter the Gulf of St. Lawrence and Quebec City, before they sail west again, stopping at all the Tall Ship celebrations in Toronto, on Lake Erie and Lake Huron, in Chicago, Green Bay and Duluth. From Duluth they retrace their route east, finally entering the Hudson River and New York City.

[Dragon Harald Fairhair Wikipedia the Free Encyclopedia.](#)

Synnøve-Nordkap Lodge normally meets on the 2nd Tuesday of the month, usually at 7:00 PM at Gustavus Adolphus Church  
1669 Arcade Street, Saint Paul, Minnesota 55106 (use the South entrance)

Web Page: <http://synnove1.com>

On Facebook, look for "Synnøve-Nordkap"

Junior Lodge: see <https://peergynstdancers.wordpress.com>

Online photo album: <https://www.flickr.com/photos/synnor/albums>

For information, contact one of our officers. (See back cover for list.)

Sons of Norway International: <http://www.sofn.com>

# Lodge News

## Fra Presidenten

Fra presidenten

Hurray! Spring is here! Hurra! Det blir våren! This is usually the time when I try to fire up our members to recruit new members. Don't get me wrong. I still want you, dear members, to bring in new members. It's just that our lodge's usual membership drive is being done in June at the lodge picnic this year. Please start zeroing in on friends, colleagues and family members who would make good candidates for membership in Sons of Norway and in Synnove-Nordkap Lodge.

It is also the time of year to be gearing up for Festival of Nations, which will take place at the River Center in St. Paul on May 5-8. I ask all members to please join in the effort to make the Norway Café a success again as it has been every year since 1932. Sign up for baking day, or to help at the Café, either out front or in the back room. Our thanks to Pat Carlson for the great job she does as our Festival Director.

The proceeds from the Norway Café help the lodge fund the scholarships which are awarded to the children and grandchildren of our lodge members. This year's award winners of camp and of college scholarships will be announced shortly. Our thanks to Kathy Manderscheid for her outstanding work as Scholarship Director.

In closing, I want to thank Shirley and Michael Santoro for their fantastic violin and piano concert in March. Their beautiful renditions of Grieg's music had all of us floating through the valleys and over the mountains and along the fjords of Norway.

We look forward to this month's program when the keyword will be "kjærtevafler". I hope to see you all there.

Ha det bra!

## **New! New! Lodge Photos on Flickr New! New!**

Check out the Lodge photo albums now posted on the web based photo sharing site called "Flickr". We will share more information and assistance at an upcoming Lodge meeting. Special thanks to Lynn Hoffmeyer for his initiative to get these on the site and make them available for many more people to enjoy! Go to: <https://www.flickr.com/photos/synnor/albums>

## Sunshine News

Shirley Brekke suffered a stroke on March 12<sup>th</sup>. After 10 days in the hospital, she is now at Lyngblomsten Care Center for rehab. She would love to hear from our members. The address is: Lyngblomsten Care Center, 1415 Almond Ave., St. Paul, MN. 55108 Room 148.

### **HELP US KEEP TRACK OF OUR MEMBERS!**

**Mary Beth Mutchler is our sunshine person. If you know of someone who is sick, had surgery, etc., please call her at 651-484-8872 or email her at mbe43@q.com and she will send a card from the lodge. Also, if your phone, e-mail, or address change, please let us know at 651-484-8872 or dmutchler@q.com.**

**- Thanks!**

# Lodge News

## Board Meeting Minutes, March 2, 2016

Attendees: Ron and Susan Stow, Trudi Johnson-Richards, Pat Carlson, Laura Sherman, Kathy Manderscheid, Lynn Hoffmeyer, Kathy Stevens, and Dave and Mary Beth Mutchler.

After a warm-up discussion, we reviewed the February lodge meeting. The chili dump went well, and we actually made \$16 due to donations. Eleanor Ostman was excellent, and sold all of the books that she had brought and took an order for another. Susan wonders if we should offer the opportunity to order others to our members, as Eleanor would be willing to deliver them. She lives in Roseville.

We discussed the upcoming March meeting. We will have a 7:00 meeting in Luther Hall ending at 7:20. Then we'll go into the sanctuary to be seated for the concert. Ron is meeting with the Santoros tomorrow at GA to evaluate the setup, and will confirm that the information that GA received appeared in their latest bulletin. Dave will get a memo to Kevin Bergland and Bill Lund indicating that we want Luther Hall set up with 10 tables, which will be fine for our meeting and good for the treats. After the concert we'll return to Luther Hall for treats. Dave and Mary Beth will pick up cupcakes from Costco and bring some shamrock decorations and Susan is bringing nuts.

Kathy Manderscheid led a discussion regarding summer camp scholarships. She met recently with her committee of Sasha Aslanian and Sheryl Hove. We only have three applicants who met the membership criteria this year: two for two weeks each and one for four weeks. District 1 has awarded us \$500 for camp scholarships. The committee recommends adding another \$100 so that we can give each of the applicants \$200 at a minimum. After discussion, a motion (Kathy S./ Susan) to award the additional \$100 plus \$800 to each of the 2-week applicants and \$1600 to the 4-week applicant passed unanimously. There were also two applicants living in Africa with their parents who did not meet the membership criteria as their mother joined us recently. Their circumstances are rather unique, as the mother lived in St. Paul and volunteered at Concordia Language Village and the grandparents are members of Nordmarka lodge in Northfield, but they missed the deadline for help from that lodge. A motion (Kathy S./Dave) to give each of them \$200 passed unanimously. All scholarship recipients will be strongly encouraged to help with Festival of Nations, etc.

Ron gave a progress report on the Lodge of the Year and Family Lodge of the year forms and got input from the Board.

Ron gave current status on our delegates to the District Convention in Cedar Rapids, IA on June 9-11. We are allowed 4 delegates; as Zone 9 Director, Ron doesn't count. At present, we have Sharon Amann, Lowell Johnson, Lynn Hoffmeyer, and Dianne Anderson as delegates; with Maureen Austinson as an alternate (1 or 2 more alternates are needed). Regarding the Zone 9 workshop coming up March 9 at the Anoka Senior Center, we have Sharon, Lynn, and Lowell attending (again, Ron doesn't count).

We discussed the upcoming programs. In April, we'll have cultural skills tables and the Stine Vaffler lady; in May either the Lanesboro people on Ibsen or John Yilek on "Stories of Norway", and in June for the Membership Picnic, the Clitherow story teller.

Pat gave a Festival of Nations (FON) report. Cooking Day is 5/2, with FON 5/5-8. She will order 4 fewer cases of lefse this year.

Susan gave a Junior Lodge report. There is an extra dance rehearsal this Saturday, 3/5, as Sunday is the Tech. Review at FON. She feels that the lodge needs more 2-sided business cards, updated with the lodge album and Junior lodge web sites. Dave will do this ASAP.

The library bookshelf has been repaired. Trudi will load it and try it out at the next meeting.

The New Land, New Life (NLNL) exhibit continues to be indemand. It will be at Moorhead on June 17 for their Scandinavian Festival, and is booked for Spring 2017, in Red Wing.

Submitted by: Dave Mutchler, Secretary

The next board of directors meeting will be held at 7:00 PM on Tuesday, April 5 in the Board Room at the Maplewood library.

Lodge meeting minutes on page 7

# Calendar of Coming Events

<u>Tues.</u> <u>April 5</u>	<u>Synnøve-Nordkap Board Meeting</u> <u>Maplewood Library Board Room</u> 3025 Southlawn Dr.(W. of Maplewood Mall)	7:00 PM to 9:00 PM
<u>Sat.</u> <u>April 2</u>	<u>Genealogy Group Meeting</u> (See box to the right)	10:00 AM to Noon
<u>Tue.</u> <u>April 12</u>	<u>April Lodge Meeting</u> Cultural Skills and the "Vaffler Lady!" (See Cover)	7:00 PM
<u>Tue.</u> <u>May 3</u>	<u>Synnøve-Nordkap Board Meeting</u> <u>Maplewood Library Board Room</u> 3025 Southlawn Dr.(W. of Maplewood Mall)	7:00 PM to 9:00 PM
<u>Tue.</u> <u>May10</u>	<u>May Lodge Meeting</u> Program To Be Determined	7:00 PM

Genealogy Group

The April Genealogy Group will meet on Saturday, April 2. We will be helping members break through "brick walls" they have encountered in their genealogy research. We will continue planning our outreach to our lodge members and other Sons of Norway lodges. The meeting will be at the Roseville Library on the corner of Hamline and County Road B from 10 am to noon. An optional lunch at a nearby restaurant will follow the meeting. The Genealogy Group does not meet in May. We encourage group members to participate at the Norway Café at the Festival of Nations

Thanks,  
Sue Halvorson

## 2015-16 Peer Gynt Norwegian Dance Schedule-UPDATED!

Sat., Apr. 9th – 1 – 2:30 Rehearsal @ Our Savior's Church  
Sang: "Hurra for deg" Norwegian birthday song. Any help needed finishing your cultural skills project? This will be the last meeting where we do any work on knitting or figure carving. Rehearse full program and both dance programs for the Festival of Nations. Tickets for the Festival will be available for dancers.

Sat., May 7th – Festival of Nations at the St. Paul River Centre. Meet Mrs. Stow at the top of the elevator leading to the main backstage area at 11:40 (to check bunads, ribbons, sockebunner, and partners). Our entire group will perform at 12:09. Families are asked to sit in the World Stage seating. Only dancers and 1 adult are allowed backstage. We will meet after the performance and walk to the backdrop for photos right away. Then you are free to enjoy the festival. Teen group performance time has not been determined yet. As we are a new entry, the committee will decide after our audition if we will be performing or not. If so it will be in the afternoon sometime.

Cooking day Monday May 2nd at the church 9am to noon. (we hope to be done by then)

Festival Of Nations dates:

Wednesday, May 4<sup>th</sup> - Set Up. 3:30 till done (whoever is available to help put the booth together. We are usually done by 6!)

Thursday, May 5<sup>th</sup> - Kids day, 9 to 3pm

Friday, May 6<sup>th</sup> - 9:30 to 10 pm. (Kids 9:30 to 3). Opens to the public at 4pm.

Saturday, May 7<sup>th</sup> - 10am to 10 pm

Sunday, May 8<sup>th</sup> - 10am to 6pm; Take down and pack up booth.

Pat Carlson and her sister Chris usually are there in the booth by 7am to start getting things ready on the first day.

More info at: <http://www.festivalofnations.com/>

## Mindekirken Events:

Go to <http://www.mindekirken.net> for more information on activities.

## Norwegian Language Classes



### Norsk Nordmenn og Norge

Class will be held on the second and fourth Wednesdays: for April the meetings will be on the

13th and the 27th from 6:30-7:45 PM at the Hayden Heights Library at White Bear & Arlington Avenues.

Interested members please contact Crystal Bloecher, 651-774-8545.

**ALL ARE WELCOME!**

## Who Remembers Threshing?

Whether you personally remember threshing, or simply remember hearing stories about it, you know that threshing time was a special part of Minnesota's agricultural past. For many Norwegian-American farm families, threshing was a time of gathering among neighbors all across the countryside to take advantage of mechanized, power equipment and enjoy social time accompanied by good food, music and fun!



Equipment owned and operated by various farmers around the region would hire out to travel the area to various farms.

Manual labor to accomplish the elaborate process would often be provided by the farm families who did not have threshing

machines of their own, or by crews traveling with the machines. Women often made lunches and dinners ranging from sandwiches to fried chicken, vegetables of many types and of course, cakes and pies. Children were given responsibilities such as keeping the wash stations supplied with clean water and towels for the laborers to clean up at meal time.

Here are some excerpts from a web page called ***"Threshing in Minnesota" by Albert Maas. ([www.genemaas.net/Threshing.htm](http://www.genemaas.net/Threshing.htm))***

"Very early recollections of the threshing rig were dominated by memories of the Mogul, a large single cylinder monster that provided the belt power. It had a large water cooling tank at the front in which the hot water from the engine was circulated for cooling. The tank had wire mesh forming an elongated dome which allowed air to move through it and cool the water. The really prominent parts of the engine were the two flywheels. These seemed huge to me, one on each side and spinning as the engine was running with apparently nothing able to stop them. To start the engine, the flywheels were turned over compression by one or two men who turned them forward. They did this by hanging on the rim and pulling down with all their weight. If everything was properly set, the cylinder would fire and the monster came to life...It was said that every time the engine fired, all the rabbits in the township took a jump. This probably was an exaggeration."

"The sight of Uncle August standing on top of the threshing machine was very firmly etched in my mind. He seemed to assume that familiar parade rest stance, hands behind his back and more on one leg than the other. From this pose he could observe if the straw blower was in the right place and if the bundle pitchers were getting the grain bundles into the machine at the right speed."

"My father, Frank, who liked to smoke a pipe or cigars, would look after the needs of the Case tractor. He would make sure it was running at the right speed, not overheating, and in general, keeping the grain separator in operation. He made one big change during the threshing season and that was to switch from pipe or cigar to snuff. This, as he pointed out, would not start a fire but would help to put it out if one did start."

"The threshing day started as early in the day as possible, depending on the dew. If the grain shocks were dry, the first bundle loads were expected at the threshing machine by six o'clock in the morning. By mid-morning a lunch of sandwiches, coffee, and cake or cookies was

brought by members of the family where the threshing was being done. Since it was a long time since breakfast, this lunch was truly appreciated. At noon...the bundle haulers, one pair after another, (would) stop for dinner...they would go to the house, wash up at a wash stand set up for this purpose, and then take part in a big meal provided by the family where the threshing was being done. The threshing machine was stopped only for a short time while...the remaining part of the team had dinner. Those who had eaten first would...be on their way to the field to get another load of bundles. Mid-afternoon brought lunch time again, and by evening another big meal was provided. The bundle haulers who were first to quit had their evening meal and went home. They were the first to be there in the morning to start the new day."



Threshing themed celebrations are held around Minnesota and the upper midwest featuring wonderful machinery and memories! To find them simply search "Minnesota Threshing Bees"

# ***Junior Lodge Update***

Two rehearsals in one month, wow! Peer Gynt is gearing up for two successful performances at Festival of Nations this May. Our first rehearsal was the day before the audition at the International Institute, while the second regular rehearsal was Saturday, May 12th.

Our three new dancers, Maija Knudsen, Beatrix Rhone and Kaylee Williams are jumping in with both feet so to speak, learning the dances with experienced Peer Gynt partners. We will be presenting a half hour program of twelve dances in May at the Eagle Crest Commons, senior living in Roseville.

Warmest thanks to our generous Synnøve-Nordkap lodge for sending three campers to Skogfjorden Norwegian Language Village this summer; Josie Haugen, Liv Larsen and Claudia Stow. We hope you will visit with them at the Midsommer lodge picnic in June.

Mange tusen takk for sist!

## **Lodge Meeting March 8, 2016**

41 lodge members and guests attended our March meeting at Gustavus Adolphus Lutheran Church. Kay Sandeen brought Shirley Decker as a guest.

President Ron Stow gave his greetings to all. Jennie Read played the anthems and we did the Pledge of Allegiance.

Pat Carlson had sign-up sheets for the Festival of Nations itself and for the cooking day on Monday, May 2. She still needs many volunteers for this important lodge fundraiser.

The minutes of the March meeting were approved as printed in the Brevet, and Laura Sherman gave her Treasurer's report.

We had a time of silence in memoriam to the recent passing of members Judy Linder and Ardyce Davies.

Ron reminded everyone that April will still feature cultural skills with the "Vaffler Lady" as our program, but the Membership Dinner is no longer in April. Rather, we will have a Membership Dinner at our picnic in June.

We postponed celebrating birthdays and anniversaries until the April meeting in order to adjourn to the sanctuary for our program of violin and piano featuring Shirley and Michael Santoro performing music by Grieg and other Norwegian composers. We were joined by quite a few members of the Gustavus Adolphus congregation, who then returned with us to Luther Hall for refreshments. By then we had perhaps 60 people.

We thank Pat Carlson, Lisa, Mary Beth, and Dave Mutchler, and Susan Stow for the great treats at the end of the evening.

Submitted by Dave Mutchler, Secretary

## ***Meet Our Members***

Mark and Nancy Fjestad have become members of Synnøve-Nordkap Lodge through participation in the Junior Lodge by their children, Emily and Matthew. This is not their first association with Sons of Norway. Mark's parents have been members in Fergus Falls, Minnesota and Nancy's in Stoughton, Wisconsin.

It was Nancy's connection to the Stoughton lodge which helped to line up the trip to the Syttende Mai celebration in 2014 at Stoughton where our Peer Gynt Dancers marched in the parade and danced with the renowned Stoughton Norwegian Dancers. She and Mark have been very supportive of the Junior Lodge, especially for the St. Paul Winter Carnival Grand Day Parade, where Mark has arranged the use of a trailer for the float. He has also served as driver and builder of the unit.

Mark recently traveled to Norway with his parents and siblings to visit their ancestral farm. He had previously made a trip there with the Fjestad Family Band.

Nancy contributes to the Junior Lodge by serving as a liaison between the group and Our Saviors Lutheran Church where the group meets. She is also very active in the Stillwater community, as a member of the PTA and at her church.

Emily and Matthew have been in Junior Lodge for six years. During that time, they have matured into capable folk dancers. Junior Lodge director, Susan Stow, refers to them as a "dynamic duo". They enjoy the variety of cultural activities of Junior Lodge. Besides working on the folk dancing cultural unit, Emily is learning knitting and Matthew is hoping to complete the figure carving medal.

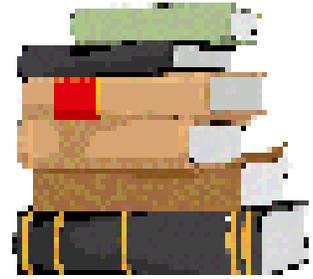
Synnøve-Nordkap Lodge benefits much from the support of members like the Fjestads. We thank Nancy, Mark, Emily and Matthew for their active participation.





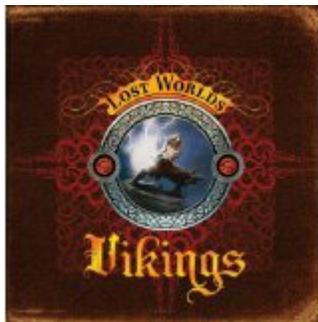
# Corner Library

By Meredith Berg



In last month's review, I wrote that the (Norwegians/Vikings) came to Ireland in 793, and in the same year invaded the monastery at Lindisfarne on Holy Island, murdered all the priests, stole all the silver and then left. **[The Holy Island of Lindisfarne is a tidal island off the northeast (Northumbrian) coast of England. Holy Island has a recorded history from the 6th century. The church and monastery were established in 635. Scholars generally mark the beginning of the Viking Age from this event. Ed. Note.]** From 793 a new prayer could be heard at Matins across England, "Save us, Lord, from the fury of the Northmen!" The Northmen, or Vikings.

The invasion of Lindisfarne has been the basis for many interesting books --- including this month's review selection entitled: "**Vikings (Lost Worlds)**", by J.M. Clements. Published in 2007, this book is truly a work of art. Measuring a foot in diameter, the book weighs three pounds. It is called an "interactive" book because it contains a recorded "voice" speaking in "old Norse" telling how "heathen men destroyed God's church on Lindisfarne." In addition the book has pull out pages, moveable "pull-out" pieces on those pages, vibrant paintings of raiding ships and fearsome warriors, pull outs" of 'berserkers', 'runestones', and war parties. The 130 pages bring the reader into the violent world of Scandinavia's earliest "recorded" history.



The introductory chapter interestingly is entitled the "End of the World." Subsequent chapters cover such items as the "Origins of the Vikings"; which tells the reader who these men really were that called themselves VIKINGS. It also tells where their actual homeland was, what other people lived in the Scandinavian countries, as well as Ireland, France and Germany. It answers the question: "Why did these men leave Scandinavia in the first place?" To answer this question, the reader is taken into the history of some of the great Viking leaders, along with a look at Viking warships (such as the Gokstad, a replica of which you've seen if you visited Norway), and large pull-out maps showing the actual routes some of the early ships took on their journeys. The many legends, songs and myths, and even the runic alphabet (Edda Futhark) used to write their journals are described and examples given.

The book answers questions regarding where the Vikings traveled and explored, as well as how they went from being a pagan society to one where Christianity took hold as they took wives within the many countries they conquered. It is often thought that the Vikings were "pagans" and without religion of any kind, but this is not true. The Vikings had their own gods and goddesses. They told stories of heroes and great battles and passed these from generation to generation, hoping their deities would protect them from harm and bless them in battle. Their "religion" was really a mixture of superstitions and ancestral worship. They believed there were both good and evil spirits, blessings as well as curses, and in supernatural creatures that would give them magical powers in return for sacrifices or good deeds that they would perform. History will probably never know the entire truth about the Viking gods, myths or legends, because they didn't bother to record them any place that modern man has been able to discover. Because they weren't much interested in the gods of the farmers - common men or women - they were only interested in the gods of war and of the heroic feats they performed in battle ... so, that is what got passed along!

Much of what we do know however, comes from the writings of a medieval writer named Snorri Sturluson, who lived too late (1179-1241) to have first-hand knowledge of their lives. But, as he came from one of the most prominent families in Iceland, he was widely read and greatly respected. He was also a Christian, so had a great interest in the beliefs of his own ancestors. Sturluson eventually wrote a guide to Viking mythology, calling it the PROSE EDDA. The guide is still read in Iceland in its original language!

This incredible book ends with the discovery of Greenland; and years later of L'Anse aux Meadows, in Newfoundland. This brings us up to the so-called "modern age" when many Vikings joined the Crusades, when many runestones were carved for later discovery (perhaps even the Kensington runestone here in Minnesota.) We are learning that "our" relatives left a heritage of mystery and intrigue. The book is a veritable treasure for the Norwegian who wishes to learn of his own heritage in a fascinating, exciting and dramatic way!

The book is available in our library.

**The deadline to submit items to the Brevet for the coming month is normally the 20th of the previous month. Please keep this time frame in mind, and keep those news items coming! Thanks, Lowell, Lynn, and Dave.**

**Synnøve-Nordkap Lodge  
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	Fred Matson	777-6108	norhemian@comcast.net
NORSK CLASSES	Crystal Bloecher	774-8545	
WEBMASTER	Dave Mutchler	484-8872	dmutchler@q.com
FOUNDATION	Susan Stow	439-7255	burle103@aol.com
SCHOLARSHIP	Kathy Manderscheid	651-690-0208	kmanderscheid@comcast.net
AUDITORS	Chuck Draheim	426-2826	cmdraheim@aol.com
	Linda Holmstrom,		
	Wayne Bjorum		

To:

**Upcoming Activities**

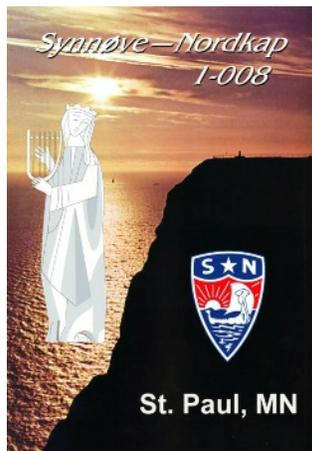
**April 12: Lodge Meeting, "The Vaffler Lady"**

**May 4-8: Festival of Nations**

**More Info Inside**

**SYNNØVE-NORDKAP  
SONS OF NORWAY  
LODGE #1-008**

**Gustavus-Adolphus  
Lutheran Church  
1669 Arcade Street  
St. Paul, MN 55106**



**St. Paul, MN**

The Mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members. Synnøve-Nordkap Lodge welcomes visitors and new members.

