

SynNor Brevet

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Synnøve-Nordkap

Lodge #1-008

WEB SITE: <http://synnove1.com>



**District 1 Family Lodge
of the Year 2006, 2008**

February 2012

Number 12:2

Voice Messages: 651-762-7872

Please Note: Our February Lodge Meeting will begin at 6:30 p.m.



SWEET land
A LOVE STORY



Our movie "Sweet Land": When Lars Torvik's grandmother Inge dies in 2004, he is faced with a decision – sell the family farm on which she lived since 1920, or cling to the legacy of the land. He turns to the memory of Inge and the stories she passed on to him. Inge arrives in Minnesota to marry a Norwegian farmer named Olaf but her German heritage and lack of official immigration papers makes her an object of suspicion and she and Olaf are forbidden to marry. They live together openly, despite the scorn of the neighbors and the disapproval of the minister. But when Olaf takes a stand against a farm foreclosure the community unites around the young couple accepting Inge as one of their own.

Based on Will Weaver's short story "A Gravestone Made of Wheat" and shot on location in Southern Minnesota, Sweet Land tells a universal story of love and discovery.

Featuring supporting performances by veteran performers Ned Beatty, Paul Sand, and Lois Smith, Sweet Land is the story of immigrant America, made by the son of first-generation immigrants themselves.

Remember the old adage, "cold hands, warm heart"? February may bring that to mind with thoughts of c-c-c-old weather and sweethearts! (It's Valentine's Day, of course!) Our next Lodge meeting will have something appropriate for both cold hands and warm hearts - a delicious Chili Dinner and a movie! Please join us!

As a reminder, here is our Chili Dinner Sign-Up List. If you are bringing food please arrive a bit early to prepare.

Chili (Enough for 6 people)

1. Sherry Miller
2. Joanne Englund
3. Laura Sherman
4. Chuck & Jean Draheim
5. Ron Kvaas
6. Shirley Brekke
7. Bev Dougherty
8. Millie Hartleben
9. Sue Halvorson
10. Mary Beth Mutchler
11. Elmer & Julia Kaardal
12. Judy Linder
13. Ron & Susan Stow
14. Erna McGuire
15. Sharon Amann

Corn Bread

1. Maf Berg
2. Lisa Mutchler
3. Ruth Gibson
4. JoAnn Hoganson

Grated Cheese (4 cups)

1. Cathie Reasoner
2. Sheryl Hove
3. Maureen Austinson
4. Rod Hale
5. John & Joanne Nordale

Sour Cream & Chopped Onions

1. Jan & Greg Hovland
2. Jeanne Pearson
3. Crystal Bloecher
4. Kathy Stevens

Butter & Honey

1. Cecile Malack
2. Trudi Johnson-Richards – Honey (jar)
3. Doug Peterson

Clean-Up Committee

1. Jacquie Carlone
2. Harry Thomson
3. Gene Hanson



Scandinavian Culture and News

Who Are the Sami?

The Sami people have sometimes been referred to as Lapps but prefer to be called Sami. They are Norway's indigenous people. Once oppressed, the Sami cultural identity remains strong.

Sami homeland is spread across Northern Norway, Sweden, Finland and Russia. Of the 100,000 Sami people living in this area, approximately half reside in Norway.

Reindeer herding is central to Sami culture, even to this day, and in the past was crucial to Sami subsistence, providing meat, fur and transportation. Sami reindeer herders follow the migrating reindeer as they move across northern Scandinavia and Russia from winter grazing grounds to cooler areas in the fjords for the summer months. In northern Scandinavia the sun does not set for weeks on end during the summer months and the midnight sun sparkles over midsummer snow. To the Sami, time has less importance than the movement of the reindeer.

A characteristic feature of Sami musical tradition is the singing of yoik/joik, which is an important bearer of oral tradition. Yoiks are song-chants, sung slowly and deep in the throat.

Traditional Sami clothing of the past was made from reindeer leather and sinew but is now more commonly made of wool, cotton or silk in red, blue, green and white. The colors and patterns of clothing indicate the wearer's marital status and where they are from.

Modern herding families live in homes with internet and television. They herd reindeer with ATV's and snowmobiles. Although the traditional Sami lifestyle is being passed on from parents to children, the elder Sami wonder if cultural ways will disappear. Perhaps traditional activities will endure but the means by which they are accomplished will change.



In the News: Official Language

A proposal to include the city of Tromsø in the area of Northern Norway where official languages are both Norwegian and Sami was met with local opposition and offensive threats. It would have meant that signage would be in both Norwegian and Sami, similar to Canada's use of both English and French. The proposal was withdrawn after a new conservative government won in a recent municipal election. Sami leaders were upset about the threats and planned protest actions.

Synnøve-Nordkap Lodge normally meets on the 2nd Tuesday of the month at 7:00 PM At First Lutheran Church
463 Maria Avenue (at 8th Street East, 2 Blocks North of Metro State University)
Saint Paul, Minnesota 55106 Voice messages: 651-762-7872 (See back cover for officers)
Web Page: <<http://synnove1.com>>
Sons of Norway International: <<http://www.sofn.com>>

Lodge News

Fra presidenten

Kjære medlemmer! Dear members!

As the days get longer, we usually start to look forward to the end of winter. This year, it is a bit different in such a season with hardly any snow cover. At this time, plans need to be made for lodge events coming up in 2012. One of the major events will be the District One convention. Our district includes states from Minnesota, south to Texas.

On June 14–16, Synnøve-Nordkap lodge will send four delegates to St. Cloud for this convention. The usual process is to select these delegates, firstly from members of our lodge board, then, if necessary, to fill any open positions, including alternates, with members of the lodge, as nominated by the board. The selection of delegates and alternates will take place during the first week of February. Please give this some thought now, should you be called on to serve as a delegate, or alternate.

It is with great sadness, that we say farewell to Synnøve-Nordkap members, Sverre Kvenild, Jack Dougherty, and Martha Mullen, who passed away this month. They were active in the lodge. We will miss them and their contributions. Blessings to their families.

Our next lodge meeting looks to be very interesting. We are looking forward to an entertaining movie and of course, to a tasty chili. See more information in the Brevet.

The movie is about immigrants to Minnesota. Which reminds me to remind you to get involved with the production of our lodge's museum display project. Thanks to Jeane Person for getting this project started and for chairing the museum committee.

A big "mange tusen takk!" to Laura Sherman for accepting the nomination to be our lodge treasurer. I'm sure she will do a great job. And thanks to her chauffeur, Frank, a lodge member too.

I also want to thank those of you who have been serving the lodge this past year. Things do not get done without a lot of people helping. Thanks also to those of you who are assuming some of these duties for the new year. On the back page of the Brevet, you see the list of these people.

Thanks to these people for their service to our lodge: Joanne and John Nordale, LaRee Opdahl, Ron Kvass, Karen Vinnes, Beryl Boe, Judy Cullen. We couldn't have done as well without you.

And a "kjempstor" (really big) TAKK! to Mary Beth and Dave Mutchler. They have set the standard for the rest of us while serving in a variety of positions in the lodge. We appreciate all that they have done. It is reassuring that they will continue in the work of the lodge in other ways.

Oh, is that a snow flake I see? Better get the kick sled ready.

Ha det bra! Ron



Sunshine News

by Mary Beth Mutchler

We extend our sympathy to the families and friends of 3 lodge members who passed away in January: Golden Member Martha Mullen, 10 year member and former greeter Jack Dougherty, and former member, Sverre Kvenild.

Our sympathy to Axel Torvi and Roger Bosmoe and families on the deaths of their sisters.

Best wishes to Lyle Baker as he recovers at home from a fall and time spent at the Vets Hospital.

HELP US KEEP TRACK OF OUR MEMBERS!

Mary Beth Mutchler is our new sunshine person. If you know of someone who is sick, has had surgery, etc., please call her at 651-484-8872 or email her at mbe43@q.com and she will send a card from the lodge.

-Thanks

Lodge News

Board Meeting Minutes, January 3, 2012

Attendees: Ron Stow, Sharon Amann, Pat Carlson, Sue Halvorson, Lowell Johnson, David Mutchler, and Kathy Stevens.

The Julebord was reviewed and everyone felt that it went very well.

Sharon Amann will install the lodge officers at the January meeting. The museum project will have sheets available to sign up for participation on the various committees. The board felt that having a presentation of a sample panel would help the membership visualize the project and encourage more people to volunteer.

The unfilled officer position of treasurer was discussed.

The 2012 lodge goals will be:

1. Increase new members by 20 in 2012.
2. Retain current members by staying in contact with them through phone calls or postcards to encourage meeting attendance.
3. Continue development of the Norwegian immigration museum project to promote Norwegian cultural skills in our community.
4. Focus on inventive Norwegian programming to appeal to all ages.
5. Promote and expand member participation in the Sons of Norway Cultural Skills Units.

The lodge programming for February through September was tentatively set pending confirmation of speakers and entertainment. This information will be sent to the Zone 2 director Denny Rusinko so that the lodge will receive publicity for the meetings.

The application and forms for participation in the St. Paul Winter Parade have been submitted. 23 dancers and 18 parents have signed up. The Junior Lodge will also be making a day trip on May 19 to Stoughton, WI, to participate in the city's Sytennde Mai Parade and celebration. Grant applications are being made to help defray the transportation costs. Extra seats on the bus will be made available to senior lodge members.

The menu for the April Membership Dinner will be Chicken Kiev. Dave Mutchler may need to upgrade the editing software for the lodge newsletter. Patty Carlson will be submitting the necessary reports for our participation to the Festival of Nations by January 20.

Submitted by: Sue Halvorson, Secretary

The next board of directors meeting will be held at 7:00 p.m. on Tuesday, February 7, 2012, at the Maplewood Library.

Lodge Meeting Minutes, January 10, 2012

43 lodge members and one guest, Bill Baker son of Lyle and Eunice Baker, attended the January Lodge Meeting. Lyle Baker was unable to attend as he was in the Veteran's Hospital for a short stay. A moment of silence was held for Sverre Knevild who passed away on January 1. It was also announced that Jack Dougherty had passed away earlier in the day.

The lodge minutes were approved as printed in the Brevet. Mary Beth Mutchler was unable to attend the meeting but sent a treasurer's report that Ron read. The lodge checking account contained \$2,295.32 at the end of the year. The audit will be in February.

Laura Sherman entered her name in the election for the position of treasurer. Sharon Amann seconded the nomination. Laura was unanimously elected.

Signup sheets for cultural skills group were available. Sheryl Hove led the lodge language lesson consisting of calendar words and words related to the January lodge program.

Ron showed a presentation of an example of the proposed lodge museum display and samples from other organizations of similar displays. Signup sheets were available for members to participate on the various committees involved. The committee is still looking for artifacts to be displayed.

Sharon Amann conducted the installation of the 2012 lodge officers.

The February meeting will be a Chili Supper and a signup sheet was available to bring food.

Lodge member Sasha Aslanian presented a very interesting illustrated talk about her husband's and her trip biking across Norway that retraced the route that her grandparents had taken during World War II.

Lyle Baker, Harry Thomsen, and Norm Torgerson celebrated January birthdays. Lyle and Eunice Baker and Jacquie Carlone celebrated anniversaries. Joanne Nordale won a book, Eat Smart in Norway, donated by Sasha Aslanian, and Sasha won the door prize.

Thank you to Maureen Austinson, Shirley Brekke and Patty Carlson for the delicious treats.

Submitted by Sue Halvorson, Secretary

Calendar of Coming Events

Saturday Feb. 4	<u>Genealogy Group Meeting</u> Roseville Library	10:00 AM To Noon
Tuesday Feb. 7	<u>Synnøve-Nordkap Board Meeting</u> <u>Maplewood Library conference room; 3025 Southlawn Dr. (W side Maplewood Mall).</u>	7:00 PM to 9:00 PM
Saturday Feb. 11	<u>Junior Lodge. Welcome! The second annual Fish Toss! Meet at Our Savior's Church, 1606 West Olive, Stillwater from 1 - 2:30. Invite a brother or sister, cousin or friend to join us.</u>	1:00 PM To 2:30 PM
Tuesday Feb.. 14	<u>Synnøve-Nordkap Social Event</u> <u>Chili Dump and Movie Night</u> See cover for more information.	6:30 PM
Tuesday March 6	<u>Synnøve-Nordkap Board Meeting</u> <u>Maplewood Library conference room; 3025 Southlawn Dr. (W side Maplewood Mall).</u>	7:00 PM to 9:00 PM
Tuesday Mar 13	<u>Synnøve-Nordkap Social Event</u>	7:00 PM

American Swedish Institute - Jan. 20 to April 29:

"Wit in Wood: Nordic Figure Carving". The exhibition reveals the great mastery in these often understated, but clever, pieces, showing some of the masters represented in the American Swedish Institute's extensive collection of woodcarvings.

Norwegian Language Classes

(1) "Norwegian In Five Minutes A Month" series. Class 6:30-7:00 PM Tuesdays before lodge meetings. February 14: No Class.

(2) "Norsk Nordmenn og Norge" Class 6:30-7:45 PM (not 8:00, as the library will now close at 8:00 due to budget cuts). Sun Ray Library, 2105 Wilson Ave., between McKnight Rd. & Ruth St.
Date: February 16: Chapter 23 p. 386.

For information, contact class co-facilitators: Sheryl Hove [651-738-4908](tel:651-738-4908) and Crystal Bloecher [651-774-8545](tel:651-774-8545). New participants welcome!

Cultural Skills Unit 7: Language and Culture Group

Date: Tuesday, January 10 following the SON Meeting.
Location: Eat lunch together at the back corner table.
Plan monthly words for Brevet.

Cultural Skills Program *Unit 7: Norwegian Language and Culture*
There are three levels of participation for this unit. Level 1: The Basics of Norwegian Language, Level 2: A Sampling of Norwegian Culture and Level 3: Specializing in Norwegian Language or Norwegian Culture. For each level an activity is required from a list of 10 options. Option 2: Choose 12 Norwegian words and expressions which are also used in the English language, learn about their backgrounds and publish them in the lodge newsletter. See this month's word in the next column!

New participants are invited to join the classes.

Mindekirken Events::

924 E. 21st St.
Minneapolis, MN 55404
(612) 874-0716

Tuesday Open House:

Feb 7: Jack Salmela-- author "Sisterhood of the Hennepin Chalice"

Feb 14: Tom Dahl--"A Scandinavian Valentines Smörgåsbord of Songs and Humor"

Feb 21: Jeff Foltz, "Birkebeiner: A Story of Motherhood and War"

Feb 28: Rev. Deaconess Diane K Greve "Sr Elizabeth Fedde"

Feb. 9, 11:45: Fiskeboller Luncheon & Lecture, Steve Benson speaking on "Scandinavian Immigrant Humor. \$18.00"

Nordic Lights Film Festival

Save the dates, Feb. 3-7, 2012
St. Anthony Main Theater
<http://nordiclightsfilmfestival.org/>

Attention Reading Cultural

Skills group! Due to the chili supper and movie, the reading group will not meet in February. We will meet again in March. Our goal is that each of us will have one written report ready by this next meeting. The Reading Cultural Skills Group meets a half hour before lodge meetings.

Genealogy Group normally meets the first Saturday of the month from 10 am to 12 noon at the Roseville Library Community Program Room. Everyone is welcome to attend. Interested members should contact Cathie Reasoner at 651-646-8483 or harrie1030@netzero.com for more information.

This and That

Jill Storlie on Norwegian TV!

(Editors Note: Jill is a former Lodge member and Roar Moe gave a talk at our lodge approximately two years ago)

Dear friends,

As you may know I have been spending the last three summers helping Roar Moe with his nature life school on Litle Faeroy in Solund.. Two TV programs included me last summer. This one just came out and focused on the whole area. Another will come out in the fall and feature Roar and me more extensively. In fact, I was also shown doing landscape and figurative paintings (yes, I am now an oil painter after another year of courses at Luther College.) Click the link below if you want to see the new Norwegian TV show that I was on. It translates loosely to Glimpse of Norway:: The Post boat in Solund area. You may catch a glimpse of me and Roar's sister cleaning a fish net as well as the beautiful scenery of this farthest west coast area Solund Kommune. You don't need to understand Norwegian to enjoy this. Roar will be in Minnesota in February if you know anyone who would want him to give his powerpoint presentation and story with lots of new information. [NRK Nett-TV: Glimt av Norge: Postbåten i Solund](http://www.nrk.no) www.nrk.no Jill Storlie e-mail: jillellyn@jillellyn.com

Interested in Travel to Norway? Or Wood Carving Lessons?

Else Bigton and Phillip Odden are once again offering classes in wood carving and a group excursion to Norway in 2012.

Wood carving courses will be held in April and September. The September course will feature Harley Refsal of Decorah, IA. Mr. Refsal is a retired Luther College professor and is the author of several figure carving and pattern books. He is well known for his figure carving and pleasant teaching style. He teaches several classes each year in this country as well as in Scandinavia. He will teach a weekend class in his popular flat plane style figure carving. This course is expected to fill quickly. Check out the Norsk Wood Works website for details and registration. **Classes will be held at the Norsk Wood Works carving studio, which is located at Phillip and Else's farmstead west of Barronett, Wisconsin.**

The "Odden's Rural Life Traditions Tour" of Norway, will be conducted August 10 through August 21, 2012. For trip itinerary, costs and other details, visit the web site (<http://www.norskwoodworks.com/>) or call 715-468-2780.

23 or 92? Some of our lodge members may remember Ruth Gibson's Aunt Grethe Rogstad. She has been to the U.S. and to Minnesota twice. In 2000 she was here as we celebrated Leif Erickson's 1000th year discovery of America! She was at the Ibsen Statue in Como Park as we celeb rated there. She went to Mindekirken, to a country club on Lake Calhoun, and she walked in a parade in Minneapolis. She is on the Sons of Norway CD (I guess it is of the advertising - with our lodge) carrying one of Axel Torvi's big Norwegian flags. So a number of our members have seen her and may remember her! She is going to be 92 on February 29th. (Amazingly, Ruth has learned that Grethe is the 4th in their lineage with this leap day birthday - Technically, it is her 23rd!) Ruth is hoping Synnøve-Nordkap members might make her day special by sending a birthday card to:

GRETHE ROGSTAD
ROGSTADVEIEN 22
3618 SKOLLENBORG
NORWAY

The deadline to submit items to the Brevet for the coming month is normally the 20th of the previous month. Please keep this time frame in mind, and keep those news items coming! Thanks, -Lowell and Linda

Lodge News

January Junior Lodge Update

Due to a definite lack of snow on the sliding hill, our January junior lodge plans flip-flopped with the February rehearsal. We all decided to do our “snow dance” so that we can use our kick sleds and have our fish toss next month instead.

The Peer Gynt Norwegian Dancers will have a float and dance along the Winter Carnival Grand Day parade route in downtown St. Paul on Saturday, Jan. 28th. As of yet, we have not been notified about our parade order number. We plan to have skis and poles forming a backdrop at the rear of the float with the kick sleds in the front. Our colorful, informative banners purchased last year will be along the side of the trailer advertising our St. Paul Sons of Norway lodge.

We really need some snow for the top of the flatbed trailer to complete the overall look with the kick sleds. The best part is the enthusiasm of the children with flags or dancing along each side, and the support of the parents helping to make this happen. The parade is scheduled for 2 p.m. with the route from West 7th Street to Rice Park. Hopefully, many senior lodge members will line the route cheering us along!

- Susan Stow

Meet Our Members



Mary Beth and Dave Mutchler have been members of Synnøve-Nordkap Lodge “only” since 1999. But in that short span, they have done so very much in contributing to the success of our lodge. Their “rap” sheet is impressive. Mary Beth has twice served as Treasurer, was lodge President in 2005-2007, Counselor the term thereafter, and currently is in charge of sending Sunshine to brighten the day for our members. She has also taken reservations and done the shopping for lodge dinners.

Dave has lent his computer knowledge as Webmaster for the past decade, a position in which he will continue. From 2003 until last year, he doubled up on the lodge newsletter, as well as production of the lodge directory and brochure. His technological skills have also served us well as he sets up the sound system at each lodge meeting. The Mutchlers have also served on a larger scope, representing our lodge four times at District One, and twice at International conventions in DC (Alexandria, VA) and in BC (Vancouver, Canada).

Mary Beth’s parents were charter members of Synnøve- Nordkap after the lodges merged. She says, they couldn’t understand why Dave and she weren’t interested earlier on in joining Sons of Norway. But time and age have a way of changing how we look at things. Mary Beth inherited her mother’s bunad and when they took a trip to Norway, she said, “I felt like I’d come home. I needed to join that lodge.” Her only regret is that her parents didn’t know how involved she and Dave became and how “I grew to love it.”

In addition to lodge activities, Mary Beth enjoys stamp collecting, gardening, cooking, and reading. Of course, Dave likes “computer stuff”, along with reading, table tennis and genealogy. He and Mary Beth are eagerly awaiting the birth of their first grandchild in May. How exciting! Sign her up now for Junior Lodge.

“What we enjoy most about the lodge is the people. We feel it is important to get to know one another—learn names! Our members are interesting people who have a lot to offer. We also enjoy learning more about Nordic culture.”

This writer also recalls that Dave and Mary Beth starred in the Sons of Norway DVD which has helped encourage prospective members to join the fun. The Mutchlers have both agreed to serve as advisors for their respective replacements. We have all benefited greatly from Mary Beth and Dave and their knowledge and expertise which has twice helped make Synnøve-Nordkap a Family Lodge of the Year.

Mange tusen takk! to the Mutchlers.

Norwegian/English Word Of the Month Contributed by Don Halvorson of Unit 7 Group.

Word 2: QUISLING

English usage of the word Quisling: a person who helps the enemy army that has taken control of his or her country. Coined by the British newspaper *the Times*, April 15, 1940, the word became synonymous with traitor.

The source of the word was Vidkun Quisling (1877-1945), leader of Norway's Nasjonal Samling party who collaborated with the Nazis after the fall of Norway on April 9, 1940. Norwegians suffered under his puppet regime for five years until their liberation in May, 1945. After his trial for treason, he was executed at Akerhus Fortress on October 24, 1945. (From Cambridge Dictionaries Online, Wikipedia, the free encyclopedia http://en.wikipedia.org/wiki/Vidkun_Quisling <http://dictionary.cambridge.org/>)



Benefit News

The Benefits of Working Longer

When it comes to saving for retirement, many Americans are playing catch-up. If you—or a relative—are among them, here is some good news: The belt-tightening required may not be as painful as you might think, provided you are willing to delay retirement for a few years.

According to a new study by the Center for Retirement Research at Boston College, a 45-year-old with no savings who earns \$43,000 a year—the nation's average wage—would have to set aside about 18% of pay annually to maintain his or her current standard of living in retirement. (The math assumes a 4% return on savings.)

Such a target isn't much higher than the 12% to 15% annual savings rate many financial advisers recommend for clients in their 20s.

There is a catch, though: In order to maintain his or her standard of living in retirement, the 45-year-old must continue to work until age 70. In contrast, a 25-year-old who consistently saves 15% per year is likely to be able to afford to retire by age 65.

Part of the explanation has to do with Social Security. By putting off retirement until age 70, an individual would receive a benefit that is 75% higher than what he or she could claim at age 62, the earliest date of eligibility. Postponing retirement also gives 401(k)s and other retirement savings accounts additional years to grow. And it shortens the amount of time a nest egg must last.

To make it easier to meet your target savings rate, take advantage of any matching contributions your employer offers in a 401(k) or other workplace retirement plan.

And beware of shortcuts. In a bid to boost retirement savings, some may be inclined to ramp up exposure to equities, in the hope of earning a higher return over time. But such a move will expose them to greater downside risk—without delivering much additional retirement security should stocks fare well.

According to Boston College, a 35-year-old who sets aside 18% of his or her pay and earns a 4% rate of return will be able to retire at age 67; a 6% rate of return lowers the age to approximately 65.

For more information on Retirement Planning, schedule a complementary Sons of Norway financial review. Reference: *The Wall Street Journal / Star Tribune*, November 20, 2011.

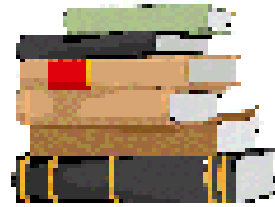
Greg Hovland

**Financial Benefits Counselor
651-429-2304**

**ltcfinancial@msn.com
www.LtcFinancialServices.com**



Corner Library



By

Trudi Johnson-Richards

Norwegian American Women, published in 2011, is a story about their migration to the United States and how they fit into their communities and established identities. Ten persons contributed articles; two of which are the authors: Betty A. Bergland and Lori Ann Lahlum. Betty Bergland, professor of history at the University of Wisconsin-River Falls, has written other books about Norwegian migration. Lori Ann Lahlum, associate professor of history at Minnesota State University, Mankato, Minnesota, has written other books and articles. She is currently working on a book, *Norwegian Women, Landscape and Agriculture on the Northern Prairies and Plains, 1850-1920*.

Migration. Looking at the period 1866 to 1940, as published by the Norwegian Bureau of the Census, women accounted for 41 percent of the total overseas movement (465,312 men and 320,442 women for a total of 785,754). They moved overwhelmingly to the United States—in the 19th century exclusively. “Marriage migration” was a common occurrence women joining a fiance’ in America. A sense of greater freedom in gender relationships, new social networks and marriage may explain why women were more likely than men to settle permanently in the new land.

Communities. In Norwegian American communities, gender defined the context of women’s and men’s lives. Many continued to milk cows and work outdoors as they had in Norway. Women created much of the fabric of social life. Women’s involvement with the Ladies Aid within the Lutheran Church gave them a say in congregational affairs. It was mostly young, unmarried Norwegian-born women who moved to big cities like New York, Chicago, the Twin Cities and Seattle. In public schools, they learned fluent English and skills to leave manual labor of cleaning and domestic service behind. They went on to some form of high education and take positions as clerks, stenographers, teachers, nurses and other health professionals. Norwegian American women sought community involvement at a time when gender lines were firmly drawn.

Identities. Norwegian Immigrant women wrote diaries, letters, memoirs, oral history as told to autobiographies. Consistently, these women’s narratives emphasized the “we” of extended families and communities. These women’s self-constructions, avoided the “distasteful I” and emphasized the “we” of the community. Norwegian American women were involved in health, education and social reforms, including temperance, in the United States.

Frank Jondal donated **Norwegian American Women** to the Synnove-Nordkap Corner Library on December 13, 2011. Thank you to Frank for adding this historical book to the Corner Library.

ECO PRODUCTS

FRIENDLY

The Norwex mission is to improve quality of life by radically reducing the use of chemicals in personal care and cleaning.

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 email: davis.kalmes@gmail.com

Norwex®

As your Independent Norwex Consultant I am committed to helping you save time and money providing you with a complete line of products that are better for your health and better for the environment.

Norwex Stands for Norwegian Experience. To give a little bit of background Norwex was started by a team of doctors and scientists in Norway that wanted to come up with any alternative to chemical cleaning in surgical units and other area in the hospital. So they came up with a cloth that removed 99.8 % of all germs with just water. Norwex products support our mission to improve the quality of life by radically reducing chemicals in personal care and cleaning with just WATER. I would be happy to serve you by providing you with additional information, discussing product selection and sharing more information with you about Norwex.

Sharon Kalmes (Lodge member)

**Synnøve-Nordkap Lodge #1-008
Sons of Norway
3510 Centerville Rd
Vadnais Heights, Minnesota 55127-7104**

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**SYNNØVE-NORDKAP
SONS OF NORWAY
LODGE #1-008
First Lutheran Church
463 Maria Ave.
St. Paul, MN 55106
651-762-7872**



St. Paul, MN

Upcoming Activities

**Winter Carnival Parade - Jan. 28
Genealogy Group Meeting - Sat. Feb. 4
Jr. Lodge Fish Toss! - Feb. 11
"Chili Dump" Supper and Movie - Feb. 14**

More Info Inside

The Mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members. Synnøve-Nordkap Lodge welcomes visitors and new members.