

# SynNor Brevet

Published monthly by

Synnøve-Nordkap

Lodge #1-008

**WEB SITE:** <http://synnove1.com>



November 2010

Number 10:10

Voice Messages: 651-762-7872



**Join us on Tuesday, November 9 when Darby Nelson presents “Kayaking Arctic Norway.” He will describe his recent kayak trips to Vesterålen, 150 miles north of the Arctic Circle on Norway’s west coast, and to Norway’s famous Sognefjord. Darby will share adventures he and his wife had while paddling and camping in some of the Norway’s greatest scenery.**

# Scandinavian Culture and News

## Royals Plan US Visit

Staff at the Royal Palace in Oslo are planning a major tour of “Norwegian America” next year for King Harald and Queen Sonja. The royals are expected to spend as many as 11 days in the US, starting in Minnesota.

Newspaper *Aftenposten* reports that immigrant groups in the US are standing in line to get a taste of royal glitter during the tour, which is set to begin in Minneapolis on November 11, 2011.

Details of their program aren't yet clear, nor are their destinations apart from Minnesota and New York, where the royal couple will attend the 100th anniversary celebrations for The American Scandinavian Foundation. It's considered one of the most important institutions for furthering cultural and educational exchanges between the US and Sweden, Norway and Denmark along with the Nordic countries of Finland and Iceland.

Most of the Scandinavian and Nordic heads of state are expected to attend the celebrations around November 20. Before that, Harald and Sonja will visit areas where many Norwegian immigrants settled, and reportedly take part in some of their anniversaries.

Their visit isn't considered an official state visit though, and thus won't include Washington DC or any obligatory calls at the White House, according to *Aftenposten*. The king and queen haven't been on a state visit to the US since 1995, but met US President Barack Obama in Oslo last year, when he was awarded the Nobel Peace Prize.

From: *News of Norway in English*,  
Sept. 2010 kv

## Youth from Norway and the Midwest Fight for the Climate

Polar explorer and environmentalist Will Steger has brought youth from Norway, the United States, and Canada together on Arctic expeditions and climate research. Now, the Will Steger Foundation is embarking on a new kind of expedition, one that does not involve skiing and sled dogs but brings the voice of youth to international talks on climate change.

“We are supporting an outstanding group of 12 youths aged 20-26, from across the Midwest, to be our eyes and ears at the climate conference in Copenhagen, Denmark,” said Nicole Rom, the executive director of the Will Steger Foundation. “As correspondents at the talks, our delegates will have a front-row seat to significant climate policy discussions. Through various channels, they will explain and educate like-minded youth, students, general public, and journalists in the difficult and often confusing negotiations.”

In Copenhagen, they will also work collaboratively with Norwegian youth, led by 2008 Ellesmere Island Expedition leader, Tobias Thorleifsson. They will also connect with Norwegian students in the sciences who recently completed a Summer Institute program at the University of Minnesota in collaboration with the Will Steger Foundation.

The Midwest delegates hail from Lutheran colleges including Augsburg College in Minneapolis, Minn., and Norwegian communities, including Fargo, N.D., and Minnesota. “We are really excited to be continuing our relationship with Norway and supporting the next generation of leaders. Delegates will bring the voice of the Midwest – and the energy and vision of the next generation of climate leadership – to the U.N. climate negotiations to ensure that we seize the unprecedented opportunity to put America on the path to a clean energy future,” Rom said.

The Norwegian government has stated that Norway is to be an international leader in environmental policy. To that end, Norway is working to achieve a more comprehensive, ambitious international agreement on climate change that will take effect after the first commitment period of the Kyoto Protocol (2008-2012) expires. Norway is also continuing to fulfill its current obligations and reduce greenhouse gas emissions both nationally and internationally.

In Norway's view, specific targets for reductions in greenhouse gas emissions must be established. Norway's own target is to reduce global greenhouse gas emissions by the equivalent of 30 percent of its 1990 emissions by the year 2020.

Both the Arctic and Antarctic play a vital role in the global climate system. Norway is working to ensure that the polar regions are monitored closely, and that knowledge about climate change in these regions is used to improve decision making in the area of climate change.

From: [www.willstegerfoundation.org](http://www.willstegerfoundation.org)

Synnøve-Nordkap Lodge normally meets on the 2nd Tuesday of the month at 7:00 PM At First Lutheran Church  
463 Maria Avenue (at 8th Street East, 2 Blocks North of Metro State University)  
Saint Paul, Minnesota 55106 Voice messages: 651-762-7872 (See back cover for officers)  
Web Page: <<http://synnove1.com>>  
Sons of Norway International: <<http://www.sofn.com>>

# Lodge News

## *Fra presidenten*

Dear Members,

Happy November! Our Lodge has much for which to be thankful—a very successful Torsk & Meatball dinner on Saturday, October 23<sup>rd</sup>, that included many hard-working, faithful volunteers the day before and the actual dinner day, and the many, many donations for both the Silent Auction and Bake Sale. The food we served is so good, no wonder people come back year after year. Even though it is like picking a favorite child, I personally think our rutabaga/carrot compote is without parallel. That is not meant to demean the rest of the menu, it just simply says that particular dish is my absolute favorite! I mention that as I remember how good the buttery torsk and the tender meatballs were. Now I am confused—I think it is the combination of all the food that brings our diners back each year. Thanks for your loyalty to this annual event.

We were amazed and delighted as Bake Sale items arrived. Home canning and baking items were snapped up quickly by both volunteers and dinner guests. It was such fun to overhear comments by buyers as they excitedly exclaimed over a yummy prize.

Much the same happened as people perused the Silent Auction tables. People were very excited over potential treasures as they submitted bids. Dave and Mary Beth Mutchler handled this section of our fund-raiser and really did a masterful job. Dave posted pictures on our website enabling people to bid for items even though they were not able to attend the dinner. We give special thanks to them for the many hours of work they logged for the good of the order.

We regretfully had to turn down some reservations for dinner due to seating constraints this year, but we are so grateful for all who came to cook, help, serve, eat, and purchase. This is our second-largest fund-raiser for the year, and it was a smashing success. Our Treasurer, Mary Beth Mutchler, will give us specific details at the November meeting.

I wish you all a wonderful Thanksgiving, and I want to express my thanks to you for being a part of our Lodge. The chorus I have repeated has been “fun and fellowship,” and the more you become involved with Lodge activities, the more of that you will have.

Blessings,  
Sharon

We wish **Bob Barduson** a speedy recovery after hip replacement surgery, and also **Meredith (Maf) Berg** after knee replacement surgery.

Please call **July Cullen, our Sunshine person**, at 771-9891 if you know of anyone in our lodge who is recovering from surgery, illness, or is just in need of some cheer and support.

Don't forget the **Food Shelf at First Lutheran**. Items can be left outside the door marked Food Shelf in the room in which we meet. And remember our pet friends too with your donation!

# Lodge News

## Board Meeting Minutes, October 5, 2010

**Attendees:** Sharon Amann, Pat Carlson, Rod Hale, Sue Halvorson, Mary Beth and David Mutchler, Kathy Stevens, and Ron and Susan Stow

### Old Business

Torsk and Meatball Dinner plans were reviewed. Logistics for the October meeting were discussed. Vacant lodge offices were noted and possible candidates for them were discussed. The schedule of programs for 2011 was reviewed and suggestions were made for possibilities on months that had not been scheduled. Susan Stow gave an update on forthcoming appearances by the Junior Lodge dancers.

Submitted by: Sue Halvorson, Secretary

The next board of directors meeting will be held at 7:00 PM on Tuesday, November 2 at the Shoreview Library, 4570 Victoria St N, Shoreview, in the community program room. Note this change of location due to election day.

## Lodge Meeting Minutes, October 12, 2010

60 lodge members and guests attended the October lodge meeting. We had one visitor, Char Kobernick.

The minutes were approved as printed in the Brevet. Mary Beth Mutchler gave the treasurer's report

Sharon noted that there was a need for additional help for the Torsk and Meatball Dinner. Signup sheets for helping were available. Salvation Army Bell ringing will be December 11 at Byerly's on Suburban Avenue in St. Paul.

Rod Hale presented Gene Hanson with a silver sports medal for Idrettsmerke. Rod will be leading a walk on October 30<sup>th</sup> in the area of Summit Avenue and Dale Street in St. Paul.

Susan Stow led lodge members in singing a song about torsk.

Chuck Draheim celebrated his birthday in October. No one present was celebrating an October anniversary. Judy Cullen won the door prize.

Peggy Larson gave a great performance of herding calls, kulokk, from Norway. Her husband Rocky Mjos also accompanied her with his guitar on several songs.

Thank you to Jane Urness, JoAnn Hogenson and Ardyce Davies for the delicious cake and ice cream.

Submitted by Sue Halvorson, Secretary

## Genealogy Group Meeting Saturday November 5 at Stillwater Library

All are welcome to attend. We will meet in the conference room at the Stillwater Public Library from 10 to 12 AM. The address is 224 Third Street North. The parking lot is on Third, but the entrance to the level where the meeting will be is on North 4th. The library website is [www.stillwaterlibrary.org](http://www.stillwaterlibrary.org) for directions.

Let's think about setting a definite meeting day each month so we can plan ahead. Maybe we can make a chart of who wants to organize each monthly meeting? Do we want to meet on Saturday exclusively? Are we meeting the needs of those in the group?

# Calendar of Coming Events

Saturday Oct. 30	<u>Summit Walk</u> See box below calendar for more information.	10:00 AM
Tuesday Nov. 2	<u>Synnøve-Nordkap Board Meeting</u> Shoreview Library conference room; 4570 N. Victoria Street, Shoreview MN (just N of Hwy 96) <b>NOTE CHANGE OF VENUE DUE TO ELECTIONS!</b>	7:00 PM to 9:00 PM
Saturday Nov. 6	<u>Genealogy Group Meeting</u> (see previous page) (also) <u>A Scandinavian Treasure Chest Sale Luncheon</u> (a la Carte) starting at 11:00 A. M. Call or go to their web site for more information.	10:00 AM 10:00 AM to 3:00 PM
Tuesday Nov. 9	<u>Synnove-Nordkap Social Event</u> Darby Nelson: "Kayaking Arctic Norway" See and hear about the trip he and his wife took.	7:00 PM
Tuesday Nov. 23	<u>26th Annual Nordic American Thanksgiving Breakfast</u> at Sheraton Bloomington Hotel Tickets \$20 by Nov. 16, 1-800-945-8851	7:00 AM to 9:00 AM
Tuesday Dec. 7	<u>Synnøve-Nordkap Board Meeting</u> Maplewood Library conference room; 3025 Southlawn Dr. (W side Maplewood Mall)	7:00 PM to 9:00 PM
Saturday Dec. 11	<u>Salvation Army Bell Ringing</u> Byerly's at 1959 Suburban Ave. Near Ruth St.	9:00 AM - 6:00 PM
Tuesday Dec. 14	<u>Synnove-Nordkap Social Event</u> Juleboard	6:00 PM

A Scandinavian Christmas" with the Minnesota Orchestra, Dec. 11, 12 and 13.

Info:

[www.minnesotaorchestra.org](http://www.minnesotaorchestra.org)

"The wreaths will be hung and the hall will be aglow with the magic of Santa Lucia, complete with a candlelight procession ... a feast of sweet surprises. Nordic sweaters welcome!"

**Summit walk on Sat. Oct. 30 10:00 AM**

Meet at the intersection of Summit and Dale and see historic mansions. Prowl around Summit Hill, looking at, among other things, houses associated with F. Scott Fitzgerald and Sinclair Lewis and the prior home of St. Paul Academy.

A coffee/snack stop will be included.

Contact Rod Hale 651--636-4284  
roderickhale@gmail.com

The Nordic Lights Film Festival attracts filmgoers of all ages captivated by the longstanding film making traditions of the North. It also provides an opportunity to share the richness and diversity of Norway, Denmark, Finland, Iceland and Sweden cultures through the lens of film. The festival will include a variety of feature-length and short films at The Parkway Theater, 4814 Chicago Avenue South, Minneapolis, on November 19-24, 2010, 612-822-3030.

## Norwegian Language Classes

- (1) "Norwegian In Five Minutes A Month" series. Class 6:30-7:00 PM Tuesdays before lodge meetings. Future date: Nov. 9: Lessons 14 & 15. No class Dec. 14.
- (2) "Norsk Nordmenn og Norge" Class 6:30-8:00 PM Thursdays, 1/month. Sun Ray Library, 2105 Wilson Ave., between McKnight Rd. & Ruth St. Nov. 11, Chapter 20, page 326. Future date: Dec. 16

For information, contact class co-facilitators: Sheryl Hove 651-738-4908 or Crystal Bloecher 651-774-8545.

## Fall Mindekirken Events:

924 E. 21st St.; Minneapolis, MN 55404 (612) 874-0716

### Tuesday Open Houses:

- Nov. 9: Marilyn Anderson--  
Carl L Boeckman Paintings of Norwegian and MN Scenes  
Nov. 16 Twin Cities Hardingfelelag  
Hardanger Fiddlers  
Nov. 23 Doug Ohman—  
MN State Parks and Prairies  
Nov. 30 Becky Hegstad—  
Childrens literature with Norwegian stories/folktales

A Scandinavian Treasure Chest Sale  
Saturday, November 6, 2010, 10:00 AM to 3:00 PM at Mindekirken  
Cash or check only please  
Luncheon from 11:00 AM  
Silent Auction (bids close at 1:30)

More info: [www.Mindekirken.org](http://www.Mindekirken.org)

## Ingebretsen's Fall Events:

1601 East Lake Street  
Minneapolis, MN 55407  
(612) 729-9333

### Sat. Oct. 30 -

10:00 - 5:00 - Designer Wool Clothing Trunk Show with Mary Jane Miller

1:00 - 3:00 Meet Osmo Vanska and author Michael Anthony, book, "Osmo Vanska Orchestra Builder"

### Sat. Nov. 6 - Minnesota Historical Society Press Authors:

11:00 - 1:00 - Eric Nathanson - "Minneapolis in the Twentieth Century"

11:30 - 1:00 - Ann Gillespie-Lewis - "Swedes in Minnesota" & "So Far Away"

2:30 - 4:30 - Odd Lovoll - "Connecting Norway in the New Land" and "Norwegian Newspapers in America"

2:30 - 4:30 - Peg Meier - "Wishing for a Snow Day"

### Sat. Nov. 13

10:00 12:00 Lefse Demonstration with Gary Legwold

1:00 - 3:00 - David Lanegran, co-author with Carol Urness of "Minnesota on the Map, an Historical Atlas"

### Tues. Nov. 16

Lefse making, \$30

### Sat. Nov. 20

Paint a Gnome, \$15

10:00 - 12:00 - Ruth Olson painting demo

12:00 - 2:00 - Nordic Music Sampler

### Mon. Nov. 29

Introduction to Völva Stav  
Performance & Workshop, \$20

# Lodge Activities

## Torsk & Meatball Dinner and Silent Auction a Big Success!

### THANK YOU!

Many thanks to the crew of consistently dedicated people who helped out on Friday, Oct. 22 for the food preparation and room set up for the Torsk & Meatball Dinner. After surmounting a couple of obstacles, they pitched in and got the job done. Thanks go to: Jerry & Trudy Richards, Susan & Ron Stow, JoAnn & Curt Hogenson, Loren & LaRee Opdahl, Ardyce Davies and Jane Urness.  
Mange Tusen Takk for your help.

Karen Vinnes

In addition to the list above, we thank the following people for helping to make the Torsk & Meatball Dinner on Saturday, October 24 a success by volunteering for Cooking Day, or for serving, cooking, clean-up, etc. They helped the lodge make \$648 on the dinner/fundraiser alone.

Les & Meredith (Maf) Berg  
Shirley Brekke  
Dana Carlson  
Patty Carlson  
Andy & Connie Chrissis  
Joanne Englund

Ron Kvaas  
Collin & Kathy Mutchler  
Lisa Mutchler  
Mary Beth & Dave Mutchler  
Jerry & Trudi Johnson Richards  
Kathy Kaluza

Laura Sherman  
Kathy Stevens  
Andy & Jane Urness  
Karen Vinnes

The Silent Auction and Bake Sale at our Torsk and Meatball Dinner was also a big success, raising more than \$866 and resulting in rather spirited bidding on some of the items. Our thanks to the donors who helped to make this fundraiser a success, with a special thanks to Meredith (Maf) Berg and Axel Torvi for their generosity.:

Sharon Amann  
Eunice Baker  
Meredith (Maf) Berg  
Jean Verner Draheim  
Joanne Englund  
Ruth Gibson  
Sue & Don Halvorson  
Trudi Johnson-Richards

Sharon Kalmes  
Marit Lee Kucera  
Joyce Kvaas  
Doreen McKenney  
Lisa Mutchler  
Mary Beth Mutchler  
LaRee Opdahl  
Jeane Pearson

Marge Pederson  
Susan & Ron Stow  
Betty Tanning  
Claire Anne Thoen  
Axel Torvi  
Jane Urness  
Jean Verner  
Karen Vinnes

We also thank the following bidders who could not attend the dinner or auction, but who bought items at the Bake Sale and/or the Silent Auction through their bids via e-mail:

Louise Bakken

Sheryl Hove

Sharon Kalmes

If we have inadvertently omitted anyone from these lists, we humbly apologize and thank them anyway!



# Lodge News

## Junior Lodge Update

New faces, new places to perform, new dances and new programs were all part of our October junior lodge meeting. We talked about some Norwegian inventions, like the paper clip and aerosol spray cans during our dancing break.

Our three new members are: Silje Erickson, Nola Hovland, and Eliza Weston. How tremendous to have their peppy enthusiasm in our group!

On October 4<sup>th</sup>, fifteen members of our Peer Gynt Dancers performed for the Mounds View Sons of Norway Lodge membership dinner. We presented a twenty minute program plus a couple audience participation dances.

In January we will be in the Winter Carnival Saturday parade. We have a forty-eight foot float we can use. Now we are trying to fashion some sort of boxes for the kids to sit on that would look like ice cubes. Also, we will need banners for each side that would advertise St. Paul Sons of Norway, with heritage, culture, language and fun as bullets perhaps, and our lodge web address. Anyone who has some experience with making this sort of waterproof, weatherproof banner, please let us know.

In November we will be performing for the Syttende Mai Society meeting in Stillwater. At our monthly meeting, we will be starting the beginning cultural skills activities for folk dancing.

-Susan Stow

**Den Norske Lutherske Mindekirke**

**The Norwegian Lutheran Memorial Church**

Minneapolis, MN 55404-2952 Phone: 612-874-0716 Fax: 612-874-1971

Web Site: [www.mindekirken.org](http://www.mindekirken.org) E-mail: [office@mindekirken.org](mailto:office@mindekirken.org)

## **Annual Christmas Cookie Bake Sale Fundraiser**

Sponsored by the Alle Kvinner Mission group

Held on Saturday, December 4, 2010 11:00 AM to 2:00 PM at the church

**A Luncheon** consisting of **Rømmegrøt** (warm cream porridge served with cinnamon and sugar) and **Julekake** (a cardamom bread containing raisins and candied fruit) will be served for **\$7.00**. Coffee is included.

**The Bake Sale** includes traditional Norwegian cookies such as Krumkaker, Sandbakkels, Berlinerkranser, Serinakaker, Rosettes, Spritz, and Kransekake. Lefse and many other baked items will also be available.

**Handmade gift items, white elephants and much more will be offered.**

# International Convention Ideas

Excellent ideas were whizzing through the breakout sessions at the recent International Convention in Coeur d'Alene, Idaho this August. My pen couldn't keep up with what I wanted to record to share with our Synnøve-Nordkap Lodge members. This article will focus on what was called "Intergenerational Programming".

First, there was a brief discussion identifying broad groups. The Traditionalists are those with birthdays between 1925-45; the Baby Boomers 1946-64; the X-generation are those 1965-89, while the Millenias encompass years 1990-2010. Just like checking your horoscope, there are people on the cusp who could be with either group. The session leader shared that some programs appeal to one group and the next might appeal to another, but that we should mix the generational appeal.

There are lodges that have their program/meeting night separate from an activities meeting. We have a language class session before our regular meeting and a genealogy group, plus a hiking group that are in addition to the fun we have now. It was suggested to have a separate meeting for people to work on the cultural skills programs toward earning medals.

The Sons of Norway International Headquarters has started a "Program in a Box", which lodges can check-out via regular mail. The program might not really be in a box. It might be a sheet of ideas, a CD, or a list of possible speakers in the area.

Brainstorming program topics brought some quirky, fun and innovative suggestions to the table. Suggestions such as; music in Norway, the Royal Family, Norwegian immigration starting with the ship Restaorasjon in 1825, health and wellness with comparisons between socialized medicine and medical coverage in the U.S.

A couple ideas that especially appealed to me: featuring one county in Norway per meeting as part of the program; finding out the distances between one county in Norway and the next and then use that distance as a goal for the hiking group; sponsoring a local soccer, or baseball team and have the lodge visit the team to cheer them on; or hosting a lodge Olympics – How much lefse can you lift?

Synnøve-Nordkap has such a variety of programs to offer! Of course the emphasis is on Norwegian culture, heritage and present day Norway. We have creative, talented members who bring a richness to our lodge activities. Whether you are a Traditionalist, Baby Boomer, X-generation or a Millenium member we need you and your program suggestions to make our lodge even better!

-Susan Stow



## **Benefit News** **Estate Tax Law Changes**

The Current federal estate tax law allows for exclusion of up to \$3.5 million for each individual in 2009, and no estate tax in 2010. But in 2011, the law is scheduled to sunset, with the estate tax exclusion reduced to \$1 million at that time. It is generally thought that Congress will address this law in 2010.

### **Are your federal taxes going up in 2011?**

Probably not, if you're a low to middle income filer. It is expected that Congress will extend the Bush Tax Cuts for all but the highest income earners, those individuals making more than \$200,000 a year and couples making more than \$250,000 annually.

For more information on estate planning, schedule a complementary Sons of Norway financial review.

**Greg Hovland**

**Financial Benefits Counselor**  
**651-429-2304**

**ltcfinancial@msn.com**  
**www.LtcFinancialServices.com**



# This and That

(We are always interested in members submitting articles on books they have read or movies or plays they have seen.)

## The Corner Library by Trudi Johnson-Richards

**The Redbreast** by Jo Nesbo is the second novel featuring Oslo Detective Harry Hole. A man with a certain disdain for the rules and a certain love of the bottle. He could be considered Norway's equivalent of Dirty Harry Callahan.

Detective Harry Hole of the Oslo police is an alcoholic, but has been pulled back together with the help of his work partner Ellen Gjelten. When a routine security assignment goes horribly wrong, Harry is promoted upstairs to monitor neo-Nazi activity. When reports that an unusual sniper gun is being sought, Harry begins to take an interest, especially when shells from the gun seem to have been used at a target practice in a forest. Harry is investigating the smuggling into Norway of a very rare and expensive weapon, a German made Marklin rifle, one favored by assassins around the world.

Harry Hole's case against the neo-Nazi Sverre Olsen seems to be air-tight and impossible to lose. But Sverre is freed on a technicality when one of the judges does not take a required oath in the courtroom. Instead, it was taken in the main judge's office just before the case started rendering Olsen's conviction "invalid". Harry senses there might be a link between Olsen and the resurgence of neo-Nazism in Norway.

**The Redbreast** also centers around Norway's past, focusing on a group of Norwegians who volunteered to fight on the Eastern front during World War II to the years of 1999 and 2000, when Norway hosts peace conferences and a visit from the President of the United States. Jo Nesbro skillfully weaves the twin plot lines together to relate how sins of the past refuse to die and influence the affairs, actions and sins of people in the present. **The Redbreast** is a thrilling, gripping tale of political intrigue, love and a serial killer with a multiple personality disorder. It's fairly lengthy at a little over 500 pages, but it's fast-paced and thoroughly engrossing, so it reads like a shorter book. Unlike the general impression of Scandinavian crime fiction, there is also humor in the writing. Harry is the star with dry humor who wants to do the right thing.

There are well-drawn characters in the book, though many of them are repugnant individuals. Harry's colleague, Ellen, a feisty young woman continues to help him after he is transferred to a different section. Halvorsen, a relatively new officer, is drawn into Harry's investigation somewhat reluctantly. There is Bernt Brandhaug, Under Secretary of Foreign Affairs, who likes to blackmail women. Author Jo Nesbro's scenes are so vivid that you can imagine them playing across the big screen. The characters are intriguing. And the novel combines two of the best cinematic genres: war sagas and crime thrillers. All in all, **The Redbreast** certainly ranks with the best of current American crime fiction and is available at Ramsey County Libraries.

## Corner Library Donations

by Trudi Johnson-Richards

On September 8, 2010, Loren and LaRee Opdahl donated two books: **Viking America, The Norse Crossings and Their Legacy** by James Robert Enterline, 1972 hardcover and **The Viking and America** by Erik Wahlgren, 1986 softcover.

The Sons of Norway Headquarters donated two spiral books: **A History of District 1 Sons of Norway, Centennial Edition, 1895-1995** and **A History of District 1 Sons of Norway, Supplemental Edition, 1996-2010**. Please note Synnøve-Nordkap Lodge has one page in the Centennial Edition and two pages in the Supplemental Edition. Each lodge was asked to submit information although many lodges did not comply.



The lefse at the Torsk & Meatball Dinner was made by the brother-in-law of member Kathy Stevens:



**Synnøve-Nordkap Lodge #1-008  
Sons of Norway  
3496 Nancy Place  
Shoreview, Minnesota 55126-8005**



**Time sensitive material;  
please deliver promptly!**

**Non-Profit Org  
U.S. POSTAGE  
PAID  
St. Paul, MN 55126  
Permit No. 412**

**2010 OFFICERS & Committee Chairs**

**PRESIDENT** Sharon Amann 631-0399\* slamann@comcast.net  
**VICE PRES./ MEMBERSHIP** Ron Stow 439-7255 burle103@aol.com  
**SECRETARY** Sue Halvorson 489-1952 sahalvors@comcast.net  
**MEMBERSHIP SEC.** Trudi Johnson-Richards 482-0096 trudijr@visi.com  
**TREASURER** Mary Beth Mutchler 484-8872 mbe43@q.com  
**SOCIAL DIRECTOR** Pat Carlson 226-0697 (cell) pat.carlson@state.mn.us  
 Sharon Kalmes 771-0851 sharon1073@msn.com  
**CULTURAL DIRECTOR** Kathy Stevens 457-6786 unicom670@comcast.net  
**COUNSELOR** Mary Beth Mutchler 484-8872 mbe43@q.com  
**TRUSTEES** Meredith Berg 715-386-6680 maf914@sbcglobal.net  
 LaRee Opdahl 738-6072 laopdahl@comcast.net  
 Wayne Bjorum 436-3730 pbjorum@visi.com  
**MARSHALL** Chuck Draheim 426-2826 cmdraheim@aol.com  
**ASSISTANT MARSHALL** Ron Kvaas 481-9868 rgkvaas@msn.com  
**SPORTS DIRECTOR** Rod Hale 636-4284 hale780243@aol.com  
**HISTORIAN** Lenore Jesness 778-1421 ljess@usfamily.net  
**MUSICIAN** Susan Stow 439-7255 burle103@aol.com  
**GREETERS** Jack and Bev Dougherty 735-0903 doughandsow@usfamily.net  
**NEWSLETTER EDITORS**  
 Dave Mutchler 484-8872 dmutchler@q.com  
 Karen Vinnes 483-1103 knvinnes@comcast.net  
 Mary Beth Mutchler 484-8872 mbe43@q.com  
**PUBLICITY:** Leif Erickson 439-5040 lericks@presenter.com  
 Jana Stow 612-209-0114 gentlestove@gmail.com  
**NEWSLETTER MAILER:** Beryl Boe 222-7076 berylpboe@comcast.net  
**ADOPT-A-SCHOOL COORD.** Ruth Gibson 429-5572 ruthlylegibson@usfam-  
**SUNSHINE** Judy Cullen 771-9891 ily.net  
**LIBRARIAN** Trudi Johnson-Richards 482-0096 trudijr@visi.com  
**GENEALOGY** Cathie Reasoner 646-8483 harrie1030@netzero.com  
 Fred Matson 777-6108 norhemian@comcast.net  
**NORSK CLASSES** Sheryl Hove 738-4908 sherylhove@netzero.net  
 Crystal Bloecher 774-8545  
**WEBMASTER** Dave Mutchler 484-8872 dmutchler@q.com  
**FOUNDATION** Rod Hale 636-4284 hale780243@aol.com  
**SCHOLARSHIP** Rod Hale 636-4284 hale780243@aol.com  
**JR LODGE/PEER GYNT DANCERS** Susan Stow 439-7255 burle103@aol.com  
**AUDITORS** Bob Smith 222-6888 / Ed Gilbertson 732-2356 /  
 Linda Holmstrom 770-8989

**The deadline to submit items to the Brevet for the coming month is normally the 20th of the previous month. Please keep this time frame in mind, and keep those news items coming!**

**Thanks,  
-Dave dmutchler@q.com or 651-484-8872**

**SYNNØVE-NORDKAP  
SONS OF NORWAY  
LODGE #1-008  
First Lutheran Church  
463 Maria Ave.  
St. Paul, MN 55106  
651-762-7872**



**Upcoming Activities**

**Summit Walk - Sat. Oct. 30  
Genealogy Group Meeting - Sat. Nov. 6  
Kayaking Arctic Norway - Tues. Nov. 9  
Annual Julebord - Tues. Dec. 14**

**More Info Inside**

The Mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members. Synnøve-Nordkap Lodge welcomes visitors and new members.