

# SynNor Brevet

Published monthly by

**Synnøve-Nordkap  
Lodge #1-008**



**June 2009  
Number 9:6**

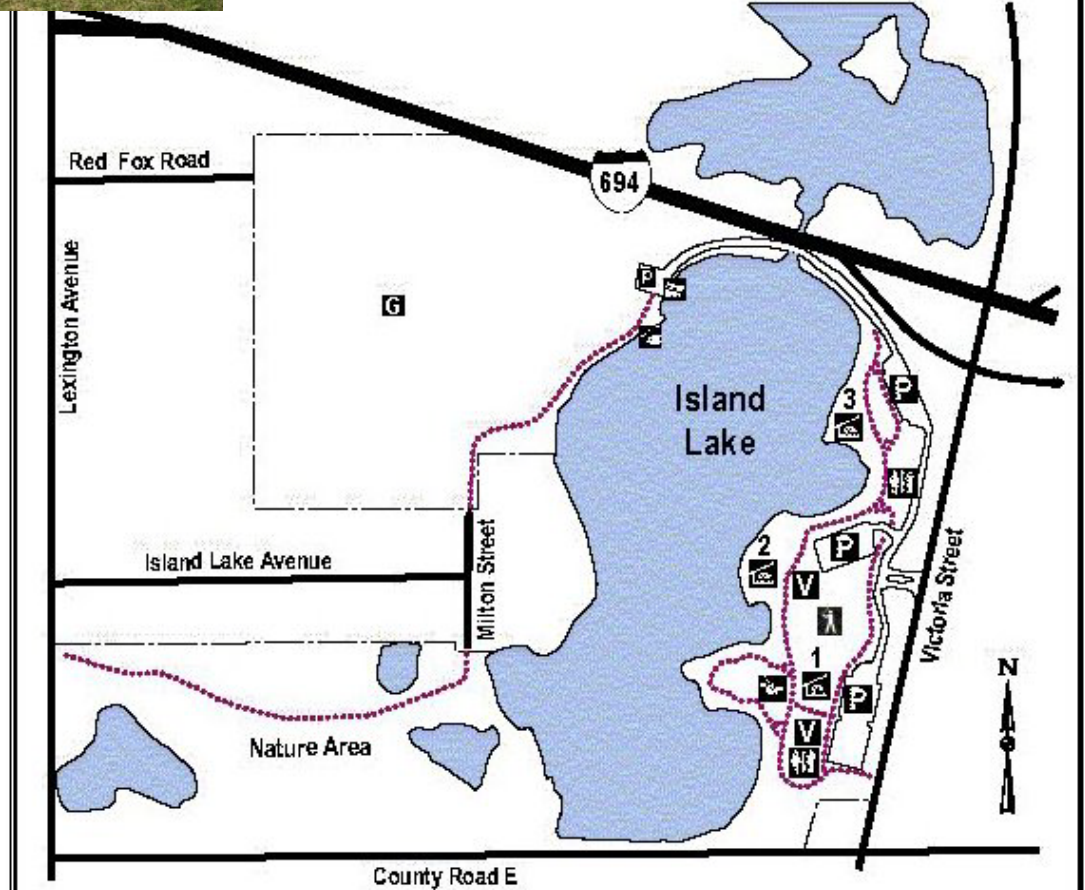
**WEB SITE:** <http://synnove1.com>

**Voice Messages: 651-762-7872**



## Island Lake County Park

3611 North Victoria Street, Shoreview



**Join us at our June Mid-Sommer Picnic on Tuesday, June 16, at 6:00 PM at Island Lake Park in Shoreview. As usual, we'll be at Pavillion #2 with a beer and wine permit, music, kubb, and fun for all! See page 5 inside for more information, and follow the flags for a good time!**

# Scandinavian Culture and News

## Norwegian Values (norske verdier)

There is much discussion and debate in Norway this year regarding cultural and social values. The question posed in the press, on radio and TV, and on the Internet including blogs is as follows: What are Norwegian values? (Hva er norske verdier?)

The debate is a result, at least in part, of so many different groups from Asia, Africa and Eastern Europe moving into Norway during the past few decades. Some native-born Norwegians are threatened by the expansion of the immigrant populations, but others welcome the enrichment to their own culture and values. Nevertheless, questions are being raised regarding traditional Norwegian values and their survival into the future as Norway changes into a more multi-cultural, modern society.

Many people have reported on what they believe are the true Norwegian values. Their focus has been on democracy, personal freedoms including religious freedom, equality, tolerance, mobility in society, etc. Others have maintained that the above mentioned values are common European values and that there are very few unique values in traditional Norway.

But what about the unique foods, the peaceful expression of nationalism during the 17th of May, the love and enthusiasm for nature, the exploration of our world by Norwegians including the Vikings, the leadership taken in working for peace around the world?

Just before the 17th of May celebration this year, a major newspaper in Oslo, the *Aftenposten*, included an article announcing that since Norwegians are timid when it comes to explaining Norwegian values, help is on the way. The article was written by Ingunn Økland who is a commentator and reporter for the newspaper.

Økland maintains that the 17th of May celebration can be used as a mirror for the current debate regarding values. She presents arguments that the values being discussed are really not unique or even clearly Norwegian. Some values, perhaps, had their origin or development in Norway and are now shared with other lands. Values support myths about a people and their heritage. The myths and the values are threatened when new groups of people arrive in a country and this often results in conflict and anxiety. Many groups and individuals, including some from the ethnic minorities in Norway, are participating in the current debate about values. Perhaps it will be the ethnic minorities who will have the greatest impact on the values and myths of future Norway.

In this regard, Økland expresses dismay regarding how some Norwegians today celebrate the 17th of May with inappropriate behavior, etc. Will it be the immigrants who will rescue the Norwegian celebration of Constitution Day and march in bunads with positive feelings toward the altered "Norwegian" values?

The debate continues!

--Found at *Aftenposten.no*. Translated and summarized by NV

## Norway Elected to the Human Rights Council

Norway has been elected a new member of the UN Human Rights Council, along with the US and Belgium. Foreign Minister Jonas Gahr Støre says Norway will use its membership to make a difference.

"I am pleased that Norway has now been elected as a member of the UN Human Rights Council. Our work now begins in earnest. During the next three years we will participate actively in the Council. We will take our share of responsibility and work systematically to promote human rights," says Foreign Minister Jonas Gahr Støre.

"The aim of our engagement is clear. It is to ensure that individuals are better protected against abuse and have better access to the rights set out in existing standards and conventions in the field of human rights. As a member, Norway aims to make a difference," he said.

"As a member of the Human Rights Council we will continue our efforts to ensure compliance with the prohibition against torture and to strengthen the rights of particularly vulnerable groups. We will also continue to support human rights defenders, and will particularly focus on the issue of internally displaced persons. We will stress the importance of corporate social responsibility. We will seek to increase the focus on freedom of expression, free media and the rights of women and children. We will use our voice in the Council to draw attention to serious human rights violations by oppressive regimes that are unwilling to cooperate or make improvements," Mr. Støre added.

The Council consists of 47 delegates, three of them from Western nations. It is the first time that the US is a member of the Council, which had been boycotted by the Bush Administration. The Council is headquartered in Geneva, and the members are elected for three-year terms.

Rolleiv Solholm

From: *The Norway Post*

Synnøve-Nordkap Lodge normally meets on the 2nd Tuesday of the month at 7:00 PM At First Lutheran Church  
463 Maria Avenue (at 8th Street East, 2 Blocks North of Metro State University)

Saint Paul, Minnesota 55106

Voice messages: 651-762-7872

(See back cover for officers)

Web Page: <<http://synnove1.com>>

Sons of Norway International: <<http://www.sofn.com>>

# Lodge News

Dear Members,

Syttende Mai has just slipped by and Midsommer is just around the corner—this is definitely a Scandinavian time of year. I am really looking forward to our Lodge picnic on June 16<sup>th</sup>. The Pavilion at Island Lake Park is such a great place no matter what the weather happens to do. In Minnesota we never know if it will be 35 or 97 degrees, but we will still have fun! Food and fellowship are what we do best.

Even though we will not have lodge meetings in July or August, we will still have opportunity to get together for a Day Trip to Norsk Wood Works in Barronett, Wisconsin (near Cumberland). It will be Saturday, July 11. On the way, we'll stop for lunch at the Norske Nook in Rice Lake. We can view the carving at the Norsk Wood Works and also have the opportunity to get acquainted with their fjord horses. See their wonderful website at <http://www.norskwoodworks.com> for more information.

Various modes of transportation are being explored. It all depends upon how many people are interested in going. If only a few are going, we will just car pool. If more are interested we can look into renting a 15-person van. If 35 or more sign up we can hire a bus. So now the ball is in YOUR court—call Sharon Amann at 651-631-0399 to register for the trip, and we can start the nose count.

Blessings,  
Sharon

The pictures below are from our May meeting, at which Amy Okaya showed us Nordic Walking.



# Lodge News

## Board Meeting Minutes, April 7, 2009

**Attendees:** Sharon Amann, Patty Carlson, Ruth Gibson, Rod Hale, Sue Halvorson, Clay Keller, Clayton Lance and David Mutchler.

### New Business:

Two candidates for college scholarships were interviewed. It was decided to award two college scholarships and one language camp scholarship.

Clay Keller has had contact with two Norwegian students who will be attending college at Augsburg this coming fall. Ways were discussed to have them take part in lodge meetings and share their culture with the lodge members.

The lodge gained seven new members as a result of the membership dinner.

### Old Business:

The Festival of Nations was recapped. The amount of food left over and the food that ran out before the end of the Festival was noted to aid in purchasing for next year's Festival. Clayton Lance gave a preliminary report of the Festival expenses and income. Not all the receipts were in for expenditures so the amount of profit was not known. There was lefse left over and it will be sold at the May meeting.

Plans were made for the June picnic. It was decided to follow-up on a suggestion regarding a speaker from Les and Meredith Berg for the September lodge meeting.

Dave Mutchler described a lodge day trip to a fjord horse farm and wood carving studio in Wisconsin being planned by Ron Stow for the lodge. It was decided to arrange a Saturday date in July.

Submitted by: Sue Halvorson, Secretary

The next board of directors meeting will be held at 7:00 PM on Tuesday, June 2 in the conference room at the Shoreview YMCA on Lexington Avenue south of I 694. Just south of Target, its address is 3760 N. Lexington Ave. **NOTE: YOU WILL NEED TO BRING PICTURE ID TO GAIN ACCESS!**

## Lodge Meeting Minutes, May 12, 2009

The May lodge meeting was attended by 54 members and guests. Our guests were Jean Verner's parents Shirley and Mir Verner.

The April minutes were approved as printed in the lodge newsletter.

Patti Carlson gave a recap of the Festival of Nations. She noted that next year we will be needing more help. The attendance this year was down by 2% due to a number of out state schools not attending due to the economy.

Clayton Lance gave the treasurer's report. This past month the lodge made a donation to Ski for Light. Our profit from the Festival of Nations was down 10% from last year so far. Not all of the expenses are in. Extra lefse was sold at the lodge meeting to defray some of the expenses.

Sharon announced that the mid-summer picnic would be at Island Lake Park in Shoreview on the third Tuesday of June (June 16). She reminded members to bring their own beverages, flatware and plates. If members would like coffee they need to bring their own. The September lodge meeting will feature Marv Lang, a professor from the University of Wisconsin Stevens Point.

Dave Mutchler described a summer lodge trip to Cumberland, Wisconsin on July 11. We will visit the Norsk Wood Works. We will have a tour of the carving studio and also be able to view the Norwegian Fjord horses that are raised by the owners. Lunch will be at the Norske Nook before we visit the farm.

Clay Keller announced that the lodge had awarded two college scholarships. The recipients are Allison Kapsner and Jessica Urban. A language camp scholarship was also awarded to Emma Wunrow. The awarding of scholarships is made possible by the profit from the lodge fundraisers such as the Festival of Nations.

Ruth Gibson gave a short explanation of Lags. A list of the lags and their meeting dates and locations can be found in the newsletter.

Ruth Gibson celebrated her birthday in May as well as her 56<sup>th</sup> wedding anniversary.

Amy Okaya presented a program about Nordic walking including a video that demonstrated exactly how to do it. After her presentation members were able to practice the technique using poles provided by Amy.

We thank our servers for the delicious refreshments: Crystal Bloecher, Mary Beth and Lisa Mutchler and Sue Halvorson.

Submitted by Sue Halvorson, Secretary

# Calendar of Coming Events

<u>Tuesday</u> June 2	<u>Synnøve-Nordkap Board Meeting</u> Conf. Rm.; Northwest Family YMCA 3760 Lexington Ave. N, just So. Of Target (651) 483-2671; BRING PICTURE ID!	7:00 - 9:00 PM (Note loca- tion change)
<u>Sunday</u> June 7	<u>Danish Day</u> Danish American Center, Lake St. and W. River Rd.	9:30 AM To 3:00 PM
<u>Tuesday</u> June 16	<u>MidSommer Picnic</u> Island Lake Park, Shoreview See next page for more info.	6:00 PM
<u>Saturday</u> June 20	<u>Genealogy Group Meeting</u> Maplewood Library; 3025 Southlawn Dr. (W. Side of Maplewood Mall; newcomers welcome!	10:00 - Noon
<u>Fri-Sun</u> June 19-21	<u>Valdres Stevne in Plymouth, MN</u> Presenters: Tom Hanson, Mary JoThorsheim, Orlyn Kringstad and Odell Bjerkness. More info available at <a href="http://www.valdressamband.org">www.valdressamband.org</a> . Or contact Earl Evenstad, (612) 861-4793	
<u>Saturday</u> June 27	<u>Midsommar Dag</u> Gammelgarden, Scandia, MN	10:00 AM Tp 4:00 PM
<u>Sunday</u> June 28	<u>Svenskarnasdag - Swedish Day</u> Minnehaha Park, Minneapolis	10:00 AM Tp 4:00 PM
<u>Saturday</u> July 11	<u>Day Trip to Norsk Wood Works; Barronett, WI</u> Lunch at Norske Nook in Rice Lake, then visit woodworking/ carving galleries and Fjord horses in a charming farm setting. See <a href="http://www.norskwoodworks">www.norskwoodworks</a> for more information. Call Sharon Amann at 651-631-0399 for reservations.	
<u>Sunday</u> July 12	<u>78th Annual Norway Day</u> Minnehaha Park, Minneapolis	10:00 AM To 4:00 PM
<u>Fri-Sat</u> July 12-13	<u>Nisswa Stamman Scandinavian Fest</u> Nisswa Pioneer Village in Nisswa, MN For info, contact Paul Wilson at 1-218-764-2994	
<u>Saturday</u> July 18	<u>Lutefisk Golf Outing</u> Brooktree Golf Course; Owatonna, MN Info: 507-451-5841	
<u>Tuesday</u> August 4	<u>Synnøve-Nordkap Board Meeting</u> Location TBD	7:00 PM to 9:00 PM

Keep sending in your lodge biographies to Rod Hale; we need more to publish them!

## Norwegian Language Classes

- (1) “Norwegian In Five Minutes A Month” series. Class 6:30-7:00 PM  
Tuesdays before lodge meetings; no classes June, July, August; resuming in the Fall.
- (2) “Norsk Nordmenn og Norge” text. Class 6:30-8:00 PM Thursdays  
Sun Ray Library, 2105 Wilson Ave., between McKnight Rd. & Ruth St.  
No classes June, July, August

For information, contact class co-facilitators: Sheryl Hove 651-738-4908 or  
Crystal Bloecher 651-774-8545. New participants are invited to join the classes.

## Photo Exhibit at Vesterheim

“Augustus F. Sherman: Ellis Island Portraits 1905-1920.” May 11-July 5, 2009, Main Building at Vesterheim. See [vesterheim.org](http://vesterheim.org) for complete details.

## Make your own Psalmodikon

Floyd Foslien, a member of the Nordic-American Psalmodikonforbundet will be leading a class June 5-7 at the Vesterheim Norwegian-American Museum in Decorah IA. Students will glue pre-cut wooden pieces together, then file and sand them smooth. The Psalmodikon can be played by the end of the course, and instructions for playing will be given. Musical materials for the instrument will be available as a kit for purchase. Experience in woodworking is useful but not necessary. The cost is \$190 for Vesterheim members, and \$210 for non-members.

Contact: Vesterheim Museum; 523 W. Water Street; Decorah, IA 52101; 563-382-9681 or go to [http://vesterheim.org/learning/classes\\_overview.php](http://vesterheim.org/learning/classes_overview.php)

## Ingebretsen’s Summer Events

(612) 729-9333

### Friday and Saturday, June 12 & 13

Sale of Scandinavian goods that are used, perhaps old and possibly rare. Shop for interesting treasures out of their attics. Hours: 9:00 AM - 5:00 PM

### Tour of the Minneapolis Pioneers and Soldiers Memorial Cemetery

Saturday, June 20, 10 to noon

Susan Hunter Weir will lead her popular tour of Minneapolis's oldest cemetery and the site where many Scandinavian immigrants are buried. Susan is a long-time advocate for preserving and caring for the burial ground as well as an historian. The tour starts in the classroom at Ingebretsen's. The class will then walk to the Pioneers and Soldiers (two blocks) where she will continue her talk. Cost: \$5.

### Rosemaling & Jewelry Artist, Lois Mueller

Friday, July 3 -- 10:00 AM - 2:00 PM

She will demonstrate her rosemaling work and bring a selection of Thulite from Norway.

# Upcoming Lodge Activities

**June Event: Mid-Summer Celebration**  
**Tuesday June 16, 2009, 6:00 - 9:00 PM**  
**Island Lake Park, Shoreview**

**Pot luck supper + Viking lawn game (Kubb) & Music**

**Bring a dish to pass--salads (fruit, potato, vegetable, pasta), baked beans, cheese and crackers, veggies and dip, cookies and bars. You will need your own plates, utensils and beverage. We have a wine and beer permit, but NO GLASS BOTTLES PERMITTED.**

**There is no charge because no food will be provided, but there will be a charcoal fire and utensils for grilling your own meat. Join us for a fun evening!**

**SEE INSERT FOR DIRECTIONS TO KUBB! We'll have some leaders to help at the picnic.**

**To get to Island Lake Park, take the Victoria exit from 694 and go south just a block or two to the park entrance on the right. We have Shelter #2, which is the closest shelter to the lake in front of you as you come in. Let the Norwegian flag and our lodge banner guide your way!**

## **The Lodge Awards College and CLV Scholarships**

**At its May Board meeting, the Lodge approved two, \$500 college scholarships and one, \$200 scholarship for Skogfjorden, Concordia Language Villages Norwegian camp.**

**Jessica Urban and Allison Kapsner were repeat recipients of the Lodge's college scholarships. Jessica, a student at the University of St. Thomas, is a third-generation member of Synnøve-Nordkap, following in the footsteps of her late grandfather, Ron Nelson, and her mother, Rebecca Urban. Allison, the granddaughter of Ardyce Davies of the Lodge, is pursuing her degree at the University of Michigan. Both recipients provided the Board with strong evidence of their academic achievement, service contributions, and career goals, making the selection an easy matter.**

**Emma Wunrow, a member of the Junior Lodge's Peer Gynt Dancers and granddaughter of Lodge members Rosana and Gary Wunrow, will be attending Skogfjorden for two weeks. A matching District 1 scholarship will also support her second year at the camp.**

**We anticipate that all three recipients will be attending the Lodge's picnic to express their appreciation in person to the members for this important service that the Lodge provides.**

# Festival of Nations

Thank you to the members, friends, and family who worked so hard for the Festival of Nations. The meetings, shopping, set-up, food preparation, and the four days at RiverCentre require many hands and many hours. Special thanks to Patty Carlson for leading this event, and to Len Carlson for his assistance.

Tusen takk! You are appreciated!



Sharon Amann  
Bob Barduson  
Lyle & Eunice Baker  
Les & Meredith (Maf) Berg  
Bob & Joanne Berndt  
Crystal Bloecher  
Craig & Beryl Boe  
Don & Shirley Brekke  
Dana Carlson  
Len & Kathy Carlson  
Patty Carlson  
Millie Cardinal  
Ardyce Davies  
Jack & Bev Dougherty  
Joanne Englund  
Ed & Penny Gilbertson

Rod Hale  
Sue Halvorson  
Gene Hanson  
Curt & JoAnn Hogenson  
Linda Holmstrom  
Sheryl Hove  
Greg & Jan Hovland  
Judy Jourdan  
Sharon Kalmes  
Kathy & Jean Kaluza + Kathy's  
    aunt  
Claire Keller  
Clay Keller  
Chris Kolstad  
Ron Kvaas  
Clayton & Char Lance

Sherry Miller  
Lisa Mutchler  
Mary Beth & Dave Mutchler  
LaRee & Loren Opdahl  
Jeane Pearson  
Trudi Johnson-Richards  
Frank & Laura Sherman  
Taffy Storck  
Susan & Ron Stow  
Harry Thomsen  
Axel Torvi  
Jessica and Rebecca Urban  
Andy & Jane Urness  
Norman & Karen Vinnes  
Gary & Rosanna Wunrow  
Dallas Zimmerman



# The Local Scene



**Our Peer Gynt Dancers from the Junior Lodge after performing at the Festival of Nations.  
Contact leader Susan Stow for more information on joining this fun group!**



## Benefit News

### Meet Your Financial Benefits Counselor

I have been affiliated with Sons of Norway since 2001. The best part of my job as a Financial Benefits Counselor is getting to know the members and helping them with their financials. My reward is the thanks I get from them for improving their situation.

I have been married to my wife, Jan, for 7 years this June. In our free time we enjoy sailing and gardening. We are active in our church and a small group bible study. I also enjoy cooking many different foods, especially on the grill. I continue to seek the perfect pizza on the grill.

Maybe someday I will perfect grilled lutefisk or lefse.

For those of you whom I have not yet met, I look forward to having an opportunity to do so.

**Greg Hovland**  
Financial Benefits Counselor  
651-429-2304  
ltcfinancial@msn.com

4493 Evergreen Drive  
St. Paul, MN 55127



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NORWAY**

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# This and That

(We are always interested in members submitting articles on books they have read or movies or plays they have seen.)

## THE CORNER LIBRARY

-By Trudi Johnson-Richards

On April 25 and 26, 2009, the film **The Kautokeino Rebellion** was shown at the Minneapolis-St. Paul International Film Festival, St. Anthony on the Main. This is a 2007 film, 1 hour, 36 minutes, directed by Nils Gaup and produced in Norway. The dialogue is in Norwegian, Northern Sami, Swedish and Danish with English subtitles. This is the second Norwegian film on Blu-Ray, region-free with English and Nordic subtitles. The DVD includes English and Nordic subtitles. The film was released on January 18, 2008. Nils Gup also produced **Pathfinder**, a film from Northern Norway.

**The Kautokeino Rebellion** takes place during the conflict between the Sami people and the Norwegian Government representatives in the mid 19<sup>th</sup> century. The film is based on the 1852 Sami rebellion in Guovdageaidnu (Sami language)/Kautokeino (Norwegian language), a municipality in the county of Finnmark, Norway. Since 2005, the municipality is known officially as both Guoydageaidnu and Kautokeino.

**Synopsis:** For centuries northern Scandinavia has been inhabited by the reindeer-herding Sami (Lapp) peoples. In 1852, the so-called Kautokeino Rebellion erupted in the desolate Norwegian village of Kautokeino on a wind-swept plateau above the Arctic Circle over the sale of alcohol to the natives, and leading to one of the most dramatic episodes in Nordic history. One of the native tribes, led by a young woman, Elen, refuses to pay an unjust debt to Ruth, the ruthless liquor dealer that doubles as the owner of the village pub. Without a trial, Ruth manages to imprison most of Elen's tribe, leaving Elen alone to take care of the reindeers. Finally, young rebels take matters into their own hands. Director Nils Gaup captures the violent showdown and burning of the village. Nils Gaup is a descendant of one of the executed leaders. Until this film, many Norwegians knew little of the history of **The Kautokeino Rebellion**. The systematic government suppression of Sami culture has parallels with the situation of Native Americans in the United States.

**Music by Mari Boine and Svein Schultz.** The original music in Sami, as recorded for the film, is entitled "Elle". The English lyrics were translated by Rawdna Carita Eira.

**Robbanflix Review.** A northern movie based on a real story back in the 1850 Norway about the Sami people. The move is quite well made with good acting and there are same famous faces like Mikael Persbrandt and Michael Nyqvist in the roles. This is a drama thriller with wonderful landscapes/atmosphere. An average flick and worth a closer look. Three out of Five Stars.

Why not consider an ad in our newsletter?  
The cost is \$10 / issue, or \$100 / year.  
Contact [synnovel1@q.com](mailto:synnovel1@q.com).

FYI, here is the Kransekake recipe we use, provided by Sharon Amann.

## Kransekake

**1# grated almonds**  
**1# powdered sugar**  
**Dash of salt**  
**2 ½ to 3 egg whites**

Weigh and grind almonds. Mix in powdered sugar. Lightly mix egg whites and gradually add to almonds and powdered sugar. You will need to mix with your hands. It should not be wet, but it should not be too dry either. Keep a wet towel over the mixture so it does not dry out.

Grease and flour forms (I know they are non-stick, but do it anyway)! Roll out long ropes to larger in diameter than your little finger. Join the ends as evenly as you possibly can. Fill the larger rings first.

Bake at 350 degrees for 10 minutes or until very lightly browned. Cool in forms on racks for about 15 minutes before removing from forms. Then cool completely before icing.

## Icing

**1 egg white, beaten with fork**  
**"Enough" powdered sugar (1-1 ¾ cups)**  
**Dash of salt**  
**¼ tsp vanilla**

**4 or 5 drops of white vinegar (this hardens the icing)**

Mix all the above ingredients together. It needs to be stiff enough to stay on the rings, but loose enough to flow easily through the tip.

Stack all rings together so you have them in the correct order. Then invert the stack (making 3 stacks so they don't topple and break), and start with the largest ring.

Put 3 blobs of icing on the underside of the first ring and place on center of plate (or doily) to glue it in place. (If using doily, glue it in place first.) Then lay down icing, looping it from top of each ring and over the side. Add next smaller ring to top of iced ring immediately, as the icing acts as the mortar in this beautiful tower.

Allow to dry before adding flags, poppers, etc.



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Overwhelmed by "stuff"?

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 Linda Holmstrom 770-8989

(\* All area codes are 651 unless otherwise specified).

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SONS OF NORWAY  
LODGE #1-008  
First Lutheran Church  
463 Maria Ave.  
St. Paul, MN 55106  
651-762-7872**



**Upcoming Activities**

**Mid-Summer Picnic - June 16  
Day trip to Norsk Wood Works - July 11  
78th Annual Norway Day - July 12**

**More Info Inside**

The Mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members. Synnøve-Nordkap Lodge welcomes visitors and new members.