

SynNor Brevet

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**Synnøve-Nordkap
Lodge #1-008**



**February 2009
Number 9:2**

WEB SITE: <http://synnove1.com>

Voice Messages: 651-762-7872

Join us at 6:30 PM on Tuesday, February 10 for a Chicken Wild Rice Soup and Salad supper. Cost: \$4 per person.



Then Sven Sundgaard of KARE 11 TV will speak to us about his heritage and, of course, the weather!

Scandinavian Culture and News

Valentine's Day in Scandinavia

Scandinavia also celebrates Valentine's Day. Although the truth behind the Valentine's Day legends is mysterious, the countless stories about Valentine certainly emphasize his appeal as a romantic figure. It's no surprise that Valentine was one of the most popular saints in Europe. What is happening nowadays in Scandinavia on Valentine's Day, February 14?

Valentines Day in Norway

In Norway, Valentine's Day has become a very important part in the social calendar for many, especially younger folks. In Norway, according to the legends, the sight of birds mating are a sure sign of spring and love. So Valentine's Day has become associated with that sight and Norwegians tend to look for birds especially on February 14. Spring celebrations and Valentine's Day celebrations have become interlinked over the years. In Norway's big cities like Oslo and Bergen on February 14, one can see stores displaying red hearts and other Valentine goodies.

Valentine's Day in Denmark

After cautiously warming to the trend, Denmark has begun to embrace Valentine's Day traditions. One of the popular Valentine's Day customs in Denmark is the sending of white flowers called "Snowdrops." Also on this day, young couples swap funny little poems or love notes, known as "gaekkebrev." The sender of a "gaekkebrev" writes a rhyme for his beloved, though he signs the message with dots, not a name. If the recipient guesses the name correctly, she receives an egg at Easter! Various Valentine's Day events are held, such as live concerts and flower displays.

Valentine's Day in Sweden

Valentine's Day in Sweden is celebrated by Swedish couples in a variety of ways - by visiting a nice restaurant, going to a club with live music, or watching the sunset from the beach. Back in the 1960's, flower-sellers in Sweden - inspired by their American counterparts - began to promote Valentine's Day. Today, huge amounts of roses, jelly hearts and pastries are sold and exchanged by lovers. The young Swedes in particular have adopted the custom. Sweden's idea behind Valentine's Day is to show your love and appreciation of one another.

Valentines Day in Iceland

Valentine's Day in Iceland, compared to many other countries is pretty austere. Iceland sees a generous use of flowers. Sending flowers to the beloved is a very common custom and several types of bouquets are available. Glorious rose bouquets are available all over the country, starting from neighborhood shops to specialist florist shops. Another noticeable feature of Valentine's Day in Iceland is the festive food. Remember, in Iceland's dark winter, you can have both dinner AND breakfast by candlelight.

Valentine's Day in Finland

Celebrating Valentine's Day in Finland is a very young, but also very popular tradition. Despite the fact that Finland has celebrated Valentine's Day only since the 1980's, it is now a beloved annual event. There are dedicated dances and social events. Finns call Valentine's Day, "Ystävänpäivä," literally meaning, "Day of Friendship."

From: About.com:Scandinavia

Norway on-line

www.google.no

This is the Norwegian version of the well-known internet search engine Google.com. Google.no gives you a few options for narrowing your search. Just check the box next to "Dokumenter på norsk" to search for a website in Norwegian only. Check "sider fra Norge" to search websites based in Norway. Otherwise, the default setting, "Nettet" searches the entire internet exactly as Google.com does.

www.gulesider.no.

Gulesider is a Norwegian phone directory. Click "English" in the lower right corner for a complete English-language interface. You can use it to find phone numbers for businesses and private individuals in Norway, and also search for cities, towns and even farms by choosing the map option.

Synnøve-Nordkap Lodge normally meets on the 2nd Tuesday of the month at 7:00 PM At First Lutheran Church
463 Maria Avenue (at 8th Street East, 2 Blocks North of Metro State University)

Saint Paul, Minnesota 55106

Voice messages: 651-762-7872

(See back cover for officers)

Web Page: <<http://synnove1.com>>

Sons of Norway International: <<http://www.sofn.com>>

Lodge News

Dear Members,

Clay Keller and I attended a Zone 2 Leadership Training Day Saturday, January 24. Emphasis was for Effective Programming (NO, not computer programming, presenter programming as in “a program”). We were able to interact with Lodge officers from Fergus Falls to Northfield and lots of places between to exchange ideas. Some of these ideas will be coming our way. These training sessions foster enthusiasm and expand the circle of resources available to us—a Win-Win situation for all involved!

It's time to begin the “Search and Invite” process for the Membership Dinner in April. You are just extending the experience of fun, friendship, and fellowship that you are currently enjoying with our Sons of Norway Lodge to others in your sphere of influence . So, spread the fun around; invite your friends and family.

Please check out your calendars before you come to the February meeting. It is time to sign up for Festival of Nations, and we need everyone to participate. This is our largest fund raising event, and each of us receives benefits. Volunteers are needed to set up and take down our booth, purchase items, prepare the food, load, haul over, and unload all our STUFF, in addition to work shifts on Thursday, Friday, Saturday, and Sunday, April 30-May 3, 2009. The best part of this it that it is FUN!!! While all the above is being done, we are fellowshiping and creating friendships with other Lodge members all while we are raising funds to give out scholarships for camps and colleges and underwriting programs and events we all enjoy.

I hope you are all putting the finishing touches on your Genealogy Project. Our March meeting will be devoted to members sharing family stories. I can hardly wait to hear about and see pictures of your family members. This is yet another way of caring for one another and sharing our culture.

Blessings,
Sharon

How Can You Help?

Every 3.6 seconds someone in the world dies of hunger. Our Sunshine person, Judy Cullen, suggests that we can help restock the Twin Cities food shelves by bringing a non-perishable food item to our February meeting.

The Humane Society is in need of used blankets, rugs, fleece for cat bedding, kitten food, cat and dog brushes, liquid hand soap, and gift cards to grocery or pet stores.

Please help us to help others!

Church Basement Ladies 2: A Second Helping - Reservations are Due!

As Sharon indicated at our January lodge meeting, we are planning to attend "Church Basement Ladies 2: A Second Helping" at the Plymouth Playhouse on Sunday, February 15. The play is at 2:00, and for those who want, we're planning to go for pizza upstairs from the theater at the Green Mill at 12:30 PM. We can get a group rate of \$25 each for the play with at least 12 people, but we need to get a count and reservations in to the theater 2 weeks early. So you only have until January 30 to call or email Sharon Amann if you want to come for the fun! (Sharon Amann, 651-631-0399 or slamann@comcast.net .)

Lodge News

Board Meeting Minutes, January 6, 2009

Attendees: Sharon Amann, Len Carlson, Rod Hale, Sue Halvorson, Trudi Johnson-Richards, Clay Keller, Clayton Lance, Mary Beth and David Mutchler, Steve Roste and Ron and Susan Stow

Incoming President Sharon Amann opened the meeting by stating her vision of what she hopes to accomplish in the coming year as president.

Old Business:

The December Julebord was reviewed and suggestions were made for improvements for 2009. Rod Hale gave an update on the genealogy project. We need additional lodge members to chair the mid-summer picnic and Julebord. Plans for the February and April meetings were discussed. The Torsk and Meatball Dinner date has been set for October 24 because the last Saturday of October is Halloween. Rod Hale volunteered to edit the Calendar of Upcoming Events page in the Brevet. Surveying lodge members for their input regarding goals and attracting new members was discussed.

New Business:

The Sons of Norway Anniversary Dinner and Installation of Officers will be held on Saturday January 17, 2009. Leadership training will be held on Saturday, January 24, 2009 at the Sons of Norway Headquarters. Judy Cullen has suggested that we collect food for the food shelf at the January and February meetings. Dave Mutchler is working on a new membership directory and it is important that members submit any changes in address or telephone numbers to him. The board is interested in members submitting their email addresses so that the lodge would have a way to send out notices and reminders in a more timely manner than is possible with the monthly newsletter. Planning has begun for the 2009 Festival of Nations.

Submitted by: Sue Halvorson, Secretary

The next board of directors meeting will be held at 7:00 PM on Tuesday, February 3 at the Maplewood Library, 3025 Southlawn Dr. (west side of Maplewood Mall) in the large conference room. (Board meetings will be there while the Roseville Library is being remodeled.)

Lodge Meeting Minutes, January 13, 2009

The January lodge meeting was attended by 41 people, including four guests: Jean Verner, Mark Blomstrand and Cindy and Ray Olson. Snowy weather appears to have kept some people home that evening.

Susan Stow installed the 2009 Lodge officers.

Old Business:

Newly elected president Sharon Amann stressed the importance of having standing committees for lodge events. Patty Carlson will chair the Festival of Nations cafe. Ron Stow assisted by Mary Beth Mutchler and Steve Roste will be in charge of the April Membership Dinner. Sharon Amann will be in charge of the Torsk and Meatball Dinner. Members are needed to step forward to be in charge of the mid-summer picnic in June and the Julebord in December. Mary Beth will be making a list of duties associated with each event.

The February meeting will feature Sven Sundgaard. There will be a Chicken Wild Rice Soup and salad supper starting at 6:30 pm before Sven speaks. The cost is \$4. Please turn in volunteer hour sheets at the February meeting if you were unable to make the January meeting due to the weather. The April Membership meeting will feature a Norway Fair of cultural skills. Steve Roste needs volunteers with a strong interest in a particular cultural skill to bring examples of their skill, if possible, and to facilitate a table regarding that skill.

Gerg Hovland spoke briefly regarding the great rates of the Sons of Norway annuities. Clay Keller announced that applications for language camp scholarships are due by February 1. Application forms are available from him. Rod Hale reminded members to submit a story about an ancestor to him for the genealogy project.

New Business:

Sharon said that goals for the coming year include for members to get to know everyone else in the lodge, to have fun and fellowship, and for members to bring guests to meetings. Members were reminded to bring foodstuffs to the February meeting both for people and for pets. Dave Mutchler is updating the lodge directory and would appreciate members submitting to him any changes in their address, phone numbers and email addresses. He is very interested in adding email addresses for members to facilitate communication to lodge members. Judy Cullen is our sunshine person. Please notify her of any members who are ill, having surgery, etc.

Members celebrating January birthdays are Ron Kvass, Greg Hovland and Harry Thomsen. Other than the Sons of Norway organization, no one present had a January anniversary. Penny Gilbertson and Don Halvorson won the door prizes which were Norwegian calendars donated by Kay Sandeen. Thank you Kay!

Our two speakers for the evening were Mariel Blomstrand, a scholarship recipient, who told of her experiences at the University of Oslo and Cindy Olson from the Sons of Norway Headquarters who spoke about the Sons of Norway Foundation. She explained how the money that members donate to the foundation is disbursed for scholarships and grants.

We thank our servers for the delicious refreshments: Audrey Huset and Jan and Greg Hovland.

Submitted by Sue Halvorson, Secretary

Editors' Note: We thank Rod Hale for agreeing to edit this calendar page for 2009.

Calendar of Coming Events

<u>Sun.</u> Feb. 1	Summer camp applications due! Contact Clay Keller for more information.	
<u>Tuesday</u> February 3	Synnøve-Nordkap Board Meeting Maplewood Library conference room; 3025 Southlawn Dr. (W side Maplewood Mall)	7:00 PM to 9:00 PM
<u>Tuesday</u> Feb. 10	Synnove-Nordkap Lodge & Social Event Program: Sven Sundgaard, KARE 11 Plus wild rice soup and salad supper, cost \$4.00 Remember to bring your volunteer hours sheets if you have not yet done so (last chance!), or send to Sue Halvorson, 170 Skillman Ave. E., Maplewood, MN 55117.	6:30 PM Supper 7:00 PM Program
<u>Saturday</u> February 14	Junior Lodge Peer Gynt Dancers Group practice on 2nd Saturday of each month Our Savior's Lutheran Church 1616 W. Olive in Stillwater - New members welcome	1:00 PM to 2:30 PM
<u>Sunday</u> February 15	Church Basement Ladies 2: A Second Helping Plymouth Playhouse - \$25. Optional, pizza. Call or send email to Sharon Amann by 1/30!	12:30 PM Lunch 2:00 PM play
<u>Tuesday</u> March 3	Synnøve-Nordkap Board Meeting Maplewood Library conference room; 3025 Southlawn Dr. (W side Maplewood Mall)	7:00 PM to 9:00 PM
<u>Friday & Saturday</u> March 6-7	Peace Prize Forum St. Olaf College, Northfield, MN See www.stolaf.edu for further details	
<u>Tuesday</u> March 10	Synnove-Nordkap Lodge & Social Event Program: Lodge Biography Presentations To volunteer to tell your ancestor's story, call Rod Hale, 651-636-4284 See reverse side for more information, and keep those stories coming!	7:00 PM
<u>May 8</u>	Norwegian Heritage Day St. Olaf College, Northfield, MN Further details to be announced	11:30 AM To 3:00 PM

Ski Orienteering
Afton State Park
Sunday February 15th
Start: 12:15 PM; register at 11:45 AM
Information at www.mnoc.org

Mindekirken
The Norwegian Lutheran Memorial Church
924 E 21st St., Minneapolis
(612) 874-0716
www.mindekirken.org

Friday, February 27th at 7:30 PM
SOFIES VERDEN (2000)
Based on Jostein Gaarder's bestselling novel, Sophie's World, this film tells the story of a 14 year old Norwegian girl, Sophie, whose life dramatically changes after she receives a mysterious message in her mailbox.

Ingebretsen's
(612) 729-9333

Beginning Rosemaling
February 9 and 10th, 1-4 PM
Cost: \$30 + \$10 materials fee
Teacher: Rosann Jorde

St. Olaf College Choir
February 14, 2009, 7:30 PM
1st Lutheran Church
1555 40th Avenue NE
Columbia Heights, MN
(763) 788-9653

Norwegian Language Classes

(1) "Norwegian In Five Minutes A Month" series. Class 6:30-7:00 PM
Tuesdays before lodge meetings in Jan., Feb., Mar. & May

(2) "Norsk Nordmenn og Norge" text. Class 6:30-8:00 PM Thursdays
Sun Ray Library, 2105 Wilson Ave., between McKnight Rd. & Ruth St.
2/mo. Jan. 22 & 29, Feb. 19 & 26, Mar. 19 & 26, Apr. 23 & 30, May 21 & 28

For information, contact class co-facilitators: Sheryl Hove 651-738-4908,
Crystal Bloecher 651-774-8545 or Susan Stow 651-439-7255
New participants are invited to join the classes.

Last Chance: Volunteer Hours Sheets are Due at February Meeting!

Please remember to turn in your Volunteer Hours sheets at the February 10 lodge meeting. There was a sheet in the December Brevet, or it can be printed from our web site; there will also be extra copies at the meeting. If you cannot attend the meeting, you can send your sheet to Sue Halvorson; 170 Skillman Ave. E; Maplewood, MN 55117. -Thanks!

Synnove-Nordkap Lodge Biography Project

Tell me about one of your ancestors, including his/her name, dates he/she lived and where they lived. In one page, write about something important about them, something that you remember about them, what they did, their life, what they overcame, anything to give us some insight into their lives. Your ancestor doesn't have to be rich or famous, no need to be a hero as an ordinary ancestor is just fine! Include a picture or a copy of a visual aid (e.g., a business card, report card, immigration paper, a letter) to make your story more visually appealing. Your story may be handwritten if you wish.

Send your biography by March 1, 2009 to:

Roderick Hale
1436 Colleen Avenue
Arden Hills, MN 55112

or e-mail to hale780243@aol.com

Submissions are already coming in, including one ancestor with a 17 foot beard!

What will we do with these? They will be included in a book or video if we get enough of them. Also, for those who are willing to share their story, we'll have an "open mike" night at our March lodge meeting.



Junior Lodge in January

January 10th was a beautiful winter day for being outdoors! We met at the Stillwater Junior High east field for some outdoor fun with the Viking kick sleds. This year some of the older kids tried coming downhill with the sleds, while the younger ones were scooting along the flat, packed snow. Others brought their conventional plastic sleds to go over the snow packed jump. Stefan tried standing ala snowboarding on a plastic sled. Roxanne, Cecelia and Celeste made a great toboggan team until it was time to put on the breaks. Maggi and Catlin got going right away on their first time on a kick sled. Emma, Nora, Carl, Sydney, Mae, Olive, and Xavier all seemed to have a blast.

Special thanks to parents Jenn Hovland and Laura Weston for the delicious hot cocoa and pumpkin bread treats. Those parents at the bottom of the hill had to be the "royal tasters" and try out the cocoa while the kids were scooting and sliding along.

Half-way through our meeting time, we drove to Our Savior's for dance rehearsal. Our audition for Festival of Nations is coming up in March. We are working on the Idrettsmerke cards to earn sports medals and bringing in stamps for Tubfrim. Our next meeting is February 14th from 1 – 2:30.

- Susan Stow, Jr. Director

Some Musical History

The Lur or Nevelur



These days you can find almost anything on the internet and E-bay. Such is the case with my husband's purchase of a Norwegian Lur on an on-line auction from Grand Forks, North Dakota. When he started unwrapping the long package, I was intrigued by the shape. As it turns out, the woven yarn string is exactly the same coloration of the Sockebunner for our junior lodge boys Bunads.

What I already knew about the lur was that it was used at the seter, or mountain pasture, by the Seterjente, or dairy maids, or a shepherd to communicate with those at the farm below or to call the livestock. It is sort of a smaller cousin to the Swiss alphorn and used for the same purpose.

Wooden lurs were used in Norway from the Middle Ages on and were constructed from two long pieces of wood that were fastened together with glue and willow rings. More modern lurs have birch strip rings on the exterior. There are no finger holes on the lur as there would be on a wooden recorder. Generally there is a range of seven to eight notes. With some longer lurs, twelve notes can be achieved.

From the Bronze Age, there are bronze curved lurs that are exhibited in museums in Denmark. These have a flat plate at the end of the horn. Most of these bronze instruments have been excavated from archeological digging sites.

One famous image with a lur is the Prillar Guri, which shows a girl playing a lur to warn the Norse soldiers about the advance of the Scottish troops during the Battle of Kringen in 1612. Historians feel that this painting is a romanticized version of what really transpired. I was fascinated about this information because the junior lodge has danced Sinklars Vise about the Gudbrandsdal Scottish invasion for years.

The city of Sel, Norway has a girl playing a lur as part of their modern city coat-of-arms.

Today the lur is considered a folk music instrument. There is information about music, festivals, photos and even new lurs to be seen on-line. Swedish neverlurs are priced from 1,300 Kr. To 4,050 Kr. with the cost depending on the length and tone range.

Don't expect a concert anytime soon, but we just thought to pass along what we discovered about this rare Norwegian musical instrument.

- Susan Stow

The Local and International Scene

A Stranded Stranger

On October 4, 2008, the Norwegian newspaper VG reported a truly amazing story about a newly-wed trying to get to Norway to be with her husband, and the stranger who helped pay an unexpected luggage surcharge. Numerous blogs and web sites have translated the article. (<http://www.vg.no/nyheter/utenriks/presidentvalg-2008/artikkel.php?artid=527005>)

It was 1988, and Mary Menth Andersen was at the Miami airport checking in for a long flight to Norway to be with her husband when the airline representative informed her that she wouldn't be able to check her luggage without paying a surcharge:

When it was finally Mary's turn, she got the message that would crush her bubbling feeling of happiness. "You'll have to pay a \$103. surcharge if you want to bring both those suitcases to Norway," the man behind the counter said.

Mary had no money. Her new husband had traveled ahead of her to Norway, and she had no one else to call. "I was completely desperate and tried to think which of my things I could manage without. But I had already made such a careful selection of my most prized possessions," says Mary. As tears streamed down her face, she heard a "gentle and friendly voice" behind her saying, "That's okay, I'll pay for her."

Mary turned around to see a tall man whom she had never seen before. "He had a gentle and kind voice that was still firm and decisive. The first thing I thought was, Who is this man?"

Although this happened 20 years ago, Mary still remembers the authority that radiated from the man. "He was nicely dressed, fashionably dressed with brown leather shoes, a cotton shirt open at the throat and khaki pants," says Mary.

She was thrilled to be able to bring both her suitcases to Norway and assured the stranger that he would get his money back. The man wrote his name and address on a piece of paper that he gave to Mary. She thanked him repeatedly. When she finally walked off towards the security checkpoint, he waved goodbye to her.

The piece of paper said 'Barack Obama' and his address in Kansas, which is the state where his mother comes from. Mary carried the slip of paper around in her wallet for years, before it was thrown out.

Twenty years later, she is thrilled that the friendly stranger at the airport may be the next President and has voted for him already and donated 100 dollars to his campaign. "He was my knight in shining armor," says Mary, smiling.

She paid the 103 dollars back to Obama the day after she arrived in Norway. At that time he had just finished his job as a poorly paid community worker in Chicago, and had started his law studies at prestigious Harvard university.

Mary even convinced her parents to vote for him. In the spring of 2006 Mary's parents had heard that Obama was considering a run for president, but that he had still not decided. They chose to write a letter in which they told him that he would receive their votes. At the same time, they thanked Obama for helping their daughter 18 years earlier.

And Obama replied in a letter to Mary's parents dated May 4, 2006 and stamped 'United States Senate, Washington DC', Barack Obama wrote: "I want to thank you for the lovely things you wrote about me and for reminding me of what happened at Miami airport. I'm happy I could help back then, and I'm delighted to hear that your daughter is happy in Norway. Please send her my best wishes. Sincerely, Barack Obama, United States Senator." The parents sent the letter on to Mary.

This week [we] met her and her husband in the café that she runs with her friend Lisbeth Tollefsrud in Åsgårdstrand. "It's amazing to think that the man who helped me 20 years ago could become the next US president," says Mary delightedly.



BEVISET: Her holder Mary Menth Andersen (51) frem brevet fra Barack Obama, mannen som hjalp henne til Norge. Ved siden av henne står ektemannen Dag Andersen (53). Foto: Roger Neumann

Editor's note: I received an email from lodge member Trudi Johnson-Richards in October regarding this article, but considered it inappropriate to include in the November Brevet. Now, however, following the inauguration of our new president, and after having verified it at the source, I felt that you should see this article. -Dave Mutchler

This and That

The Corner Library

by Trudi Johnson-Richards

Hawaii, Oslo is a movie quite unique in Norwegian film-history. We follow five stories in Oslo through 24 hours. Through the movie, they are all brought together, and it all ends in a dramatic scene in the end. This becomes a thrilling ride through the streets of Oslo, and through the minds of the characters.

A man running desperately through the Oslo night is pursued by another man on a bicycle. An ambulance comes charging through the darkness, carrying a young couple with a sick child. The ambulance passes a couple standing on the sidewalk. Suddenly, there is an accident. As people gather around, the narration goes back to the day before and to the events that have led to this unfortunate gathering of people who previously did not know each other.

Vidar (Trond Espen Seim) works as an orderly at an asylum. One of the inmates is Leon (Jan Gunnar Roise), a kleptomaniac. Leon is waiting for Asa (Evy Kasseth Rosten), a childhood sweetheart. Ten years earlier, they agreed to meet on this day to decide if they want to get married. Also mindful of the promise, Asa is traveling to Oslo to keep the appointment.

Leon's prison inmate brother, Trygve (Aksel Hennie) is granted leave to celebrate his brother's birthday, but has plans to use the few hours of freedom to commit more crimes. His dream is to escape to Hawaii (title also stem from an Oslo bar named Hawaii, where Leon and Asa are supposed to meet).

Frode (Stig Henrik Hoff) and Milla (Silje Torp Faerevaag) need to get their sick child to the U.S. for an expensive operation. The grief-stricken parents desperately try to get money, but to no avail. It seems their child is doomed.

During the course of the day these people plus suicidal ex-celeb Bobbie-Pop (Petronella Barker) connect in the accident and a truly out-of-this-world final shot.

Finally, two troubled young brothers have lost their father and are hiding from authorities who may have to separate them into different foster homes.

Hawaii, Oslo is directed by Erik Poppe. Characters are interesting, pace is fast without being forced, and the outcome is satisfactory. The runtime is 125 minutes. The filming location is Grunerlokka, Oslo, Norway. The film was released on April 8, 2005 in Sweden. The film was chosen as the official Norwegian entry for "Best Foreign Language Film" at the 2005 Academy Awards.

The Sons of Norway Lending Library has a number of DVD and VHS movies available for members. You can email culture@sofn.com or call 612-827-3611 or 800-945-8851. A DVD or VHS is sent to you at no charge and a return envelope is included for your use.

Thank you to Tusenvann Lodge in Mora, MN for this.

Ole at the Clinic

"Ole, I want to goin hunting tomorrow and don't want to close da clinic. Vill you take care of da clinic for me? Ust tell da patients dat you are a new doctor."

"Ya sure!" answers Ole.

The doctor goes hunting and returns the following day and asks: "So Ole, how vas your day as a fill in doctor?"

Ole told him that he took care of three patients.

"Da first one had a headache, so I gave him Tylenol."

"Dot vas good, Ole, and vat about da second vun?" asks the doctor.

"Da second vun had stomach burning and I gave him Maalox," says Ole.

"Vunderful! You're pretty good at dis! And vat about da turd vun?" asks the doctor.

"Vell, I vas sitting here and suddenly the door banged open and dis gorgous voman came in. Quick as a barn swallow, she undressed herself, taking off everything including her bra and panties, and den she layed down on da table and shouted "HELP ME! I HAVEN'T SEEN A MAN IN OVER TWO YEARS!"

"Tunderin' Lard Yeezus, Ole, vat did you do?"

"I put some eye drops in."

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 Linda Holmstrom 770-8989

(* All area codes are 651 unless otherwise specified).

Upcoming Activities

Summer camp applications due! - Sun. Feb. 1
Sven Sundgaard - Tues. Feb. 10
Church Basement Ladies 2 - Sun. Feb. 15
Lodge Biography Stories - Tues. Mar. 10

More Info Inside

**SYNNØVE-NORDKAP
SONS OF NORWAY
LODGE #1-008
First Lutheran Church
463 Maria Ave.
St. Paul, MN 55106
651-762-7872**



St. Paul, MN

The Mission of Sons of Norway is to promote and to preserve the heritage of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members. Synnøve-Nordkap Lodge welcomes visitors and new members.