SynNor Brevet

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Synnøve-Nordkap Lodge #1-008



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Voice Messages: 651-762-7872

WEB SITE: http://synnove1.com

Join us at 6:00 PM for our annual Julebord on December 8! We'll have glog and hors d'oeuvres and lots of good food, and the St. Paul Swedish Male Chorus will join us!



It was great to see so many families at our November meeting, as our Junior lodge challenged us to match their knowledge of Norway.

The Norwegian Stabbur

Perhaps you noticed the fine model stabburs that the Stows and Junior Lodge members displayed on the tables at the November meeting. Those, together with a feature on stabburs from Maihaugen Lodge 1-665 in the Kansas City Metro Area which was brought by a member whose name I have forgotten (sorry!) were the inspiration for this article.



A <u>stabbur</u> (pronounced STÄB'-bur) is a building on a farm, which in earlier times was a storehouse for food such as flour and salted meat. The name comes from "Stav-bur" or "pole-cage", or, in other words, a hut on stilts. In some parts of Norway they are called *stolpehus* or *stolpebod*, which means "post house." On most farms, the stabburs were very plain, and contained one simple room, but on large farms the buildings were sealed and supplied with a loft and were decorated on the exterior with ornamental painting or carved wood. This loft was a slightly larger room used for storage of food (fruits and vegetables), furniture, spare living quarters, or for smoking meat. Trunks with clothing and valuables were sometimes stored on the upper floor. There were usually no windows, there was no heat, and grass/sod roofs were often utilized.

The purpose of the stilts, which usually raise the building two to four feet above ground level, is to keep out moisture from the ground, and to discourage mice and rats. Food and commodities were stored on the ground floor. Stilts raised the floor level, and the steps did not come into contact with building to reduce the possibility of rodent infestation. Meat and cheese was hung from the ceiling on hooks.



According to the Norwegian folklore each farmstead has a Christmas gnome living in their stabbur. The Christmas gnome brings gifts for well-behaved children. But if the gnomes are not well-looked after, they can play tricks on people. Some people put out a bowl of rice porridge sprinkled with sugar and cinnamon

to keep their barn gnome happy, much like children today

leave out cookies for Santa.





Today some functions of the stabbur, such as flour storage, are still continued, but many of these traditional buildings are maintained mainly to preserve their heritage and culture. Also, stabburs in Norway are commonly converted to living quarters for tourists and other visitors.

In addition to the Maihaugen Lodge 1-665, the information and photos for this article came from many sources, including Wikipedia, Wikimedia, scandinavianheritage.org, and dickinsonmuseumcenter.org.



Synnøve-Nordkap Lodge normally meets on the 2nd Tuesday of the month at 7:00 PM At First Lutheran Church 463 Maria Avenue (at 8th Street East, 2 Blocks North of Metro State University)

Saint Paul, Minnesota 55106 Voice messages: 651-762-7872

(See back cover for officers)

Web Page: < http://synnove1.com >

Sons of Norway International: < http://www.sofn.com>

Lodge News

Fra presidenten

Dear Members.

God Jul to you and yours! The Julebord is one of our Lodge's favorite events. It is always so wonderful to see everyone and eat the special treats that summon up fond memories of family, friends, and the past.

As I reflect upon the year 2009 and review our programs, I can't help but smile as I think of the fun and enjoyment we have shared. The two Genealogy Programs were outstanding! Aren't our fellow member's families a great source of interest? The Nordic Walking Program spurred many to action.

Let's not forget how much fun we just had with our Junior Lodge and their families. Susan and Ron Stow worked long and hard to put together "The Challenge" between the Senior and Junior Lodges as well as the stabbur table decorations. One could actually feel the energy in the room as the younger ones set up their stations. I hope we can continue to have joint times together.

I look forward to a new year of fun and fellowship. Thank you, dear members, for your support and participation.

Blessings,

Sharon

<u>Membership Pins</u>: Congratulations to the following members who will receive 5-10-15-20-25 or 30 year membership pins at our Julebord on December 8. Special congratulations to our newest Golden Member, <u>Millie Hartleben</u>. We hope you will join us as we recognize your continued support of our lodge.

30 Years:	15 Years :	Joanne Hogenson	5 Years:
Bruce Bjornson	Linda Bjornson	Linda Holmstrom	Sharon Amann
Gary Hanson	Dana Carlson	Gloria Johnson	Barbara Dahler
25 Years:	Steven Johnson	Ryan McGuire	Jean Davis
Lyle Close	Charlotte Lance	Dave Mutchler	Joanne Englund
Charles Gorder	Morris Reistad	Mary Beth Mutchler	Susan Flanagan
Betty Groe	Jane Urness	Mabel Pappenfus	Don Halvorson
Kathleen Sturre	10 Years:	Kay Sandeen	Sue Halvorson
Martin Van Duzee	Bob Barduson	Axel Torvi	Lenore Jesness
20 Years:	Craig Boe	Gerald Wunrow	John Jourdan
Julia Kaardal	Judy Cullen	Rosanna Wunrow	Judy Jourdan
Sarah Nelson	Suzan Hurlbut		Donna Malum
Dorothy Rosing	Eivind Heiberg		Ron Stow
Douglas Peterson	Lowell Helstedt		

Sign up for setting up and cleaning up for the Julebord

Setting up: come 4:30 – 5:00	Clean Up afterward	Thank you very much!
1. Susan Stow	1. LaRee and Loren Opdahl	
2. Jeane Pearson	2. Jane and Andy Urness	
3. Bob and Joanne Berndt	3.Char and Clay Lance	
4. Lenore Jesness	4. Don and Sue Halverson	
5. Shirley Brekke	5. Jo Ann Hogenson	
6. Sharon Kalmes	6. Bob Barduson	

Lodge News

Board Meeting Minutes, November 3, 2009

Attendees: Sharon Amann, Sue Halvorson, Trudi Johnson-Richards, Sharon Kalmes, Clay Keller, Clayton Lance, Mary Beth and David Mutchler, Kathy Stevens, and Ron and Susan Stow.

Old Business:

The Torsk and Meatball Dinner recap meeting was discussed along with recommendations for next year's dinner. Susan Stow explained the format for the November lodge meeting that is being presented by the Junior Lodge. Sharon Kalmes reported on the food and help signup for the December Juelebord. It was decided that if members do not bring food to share, we will require a \$10 donation to help meet expenses. Membership Pins will be distributed at the December meeting. The calendars will be distributed at the November meeting to those who purchased them.

New Business:

The Board voted to make contributions to the Ski for Light Program and to the Army National Guard Program where they train with Norwegian soldiers. Dave Mutchler gave a presentation on the age demographics of our lodge. Our lodge is doing better than a lot of others in having a lower median age and maintaining memberships. A discussion was held on ways to increase the number of volunteers participating in lodge fund raising activities which support our scholarship programs. There have been complaints about the length of the lodge meetings and in the future efforts will be made to keep them short.

Submitted by: Sue Halvorson, Secretary

The next board of directors meeting will be held at 7:00 PM on Tuesday, December 1 at the Maplewood Library,

Lodge Meeting Minutes, November 10, 2009

95 senior and junior lodge members and junior lodge families attended the November meeting.

Sharon Amann opened the meeting by asking that the October minutes be approved as printed in the Brevet. The minutes were approved with a correction to show that Joanne Hogenson was also a server for the treats. Clayton Lance gave the treasurer's report. Calendars were distributed. Signup sheets were available for the Julebord and Salvation Army Bell Ringing at Byerly's on December 5. A slate of officers is being prepared for presentation at the December meeting.

Lodge members celebrating November birthdays were Clayton Lance, Ardyce Davies, Jean Verner and Jan Hovland. There was no one celebrating a November anniversary. Joanne Nordale won the door prize.

The Junior Lodge did a wonderful job with their program "Are You Smarter than a Fifth Grader?" for the lodge meeting. A good time was had by all the senior lodge members who were challenged by the junior lodge in regard to their knowledge of Norway.

We thank the Junior Lodge and their parents for providing the delicious treats and the cute stabbur table decorations.

Submitted by Sue Halvorson, Secretary

The deadline to submit items to the Brevet for the coming month is normally the 20th of the previous month. Please keep this time frame in mind, and keep those news items coming!

Thanks,

-Dave dmutchler@q.com or 651-484-8872

Calendar of Coming Events

<u> </u>		
<u>Tuesday</u> December 1	Synnøve-Nordkap Board Meeting Maplewood Library conference room; 3025 Southlawn Dr. (W. side Maplewood Mall)	7:00 PM To 9:00 PM
<u>Saturdau</u> Dec. 5	Salvation Army Bell Ringing Byerly's off 94 between Ruth and White Bear See top of page 8 for list of volunteer ringers.	9:00 AM To 6:00 PM
<u>Tuesday</u> Dec. 8	Synnove-Nordkap Lodge & Social Event Julebord + Membership pins and the St. Paul Swedish Male Chorus	NOTE! 6:00 PM for Hors d'ourvres
<u>Sunday</u> December 27	<u>Joint Lodges Christmas Event</u> "Away in a Basement: A Church Basement Ladies Christmas" at Plymouth Playhouse	2:00 PM
<u>Tuesday</u> January 5	Synnøve-Nordkap Board Meeting Maplewood Library conference room, 3025 Southlawn Dr. (W. Side Maplewood Mall)	7:00 :PM To 9:00 PM
<u>Tuesday</u> January 12	Synnøve-Nordkap Lodge & Social Event "An Apple a Day, and Other Home Remedies" By Howard Amundson of Norsota Lodge	7:00 :PM
<u>Saturday</u> January 16	Celebrate Sons of Norway's 115th Anniversary Joint Lodges event in Richfield. See page 7 for more information.	12 noon

Invite to hear Retired Ambassador to NorwaySpeak on Thurs. Dec. 3

You are invited hear to the Retired Ambassador to Norway speak at the Ramsey County Historical Society's Annual Member Gathering.

Benson K. Whitney, Retired Ambassador to Norway, will share what an ambassador does, and the historical connections between Ramsey County and Norway.

CSPS Sokol Hall Social Hour 5:30 Dinner 6:15 Program 7:15 Ramsey Cty. Historical Assoc., 383 Michigan St. at West 7th Street, Saint Paul

Menu choices:

- Beef Tenderloin with Herb Butter
- Salmon Wellington with Cucumber Dill Sauc
- Italian Vegetable Torte

COST: \$39.00 per person

Invite your friends but reserve early; space is limited.

For more information or to reserve call 651-222-0701 no later than Friday, November 24th.

Visit www.rchs.com for more information.

Norwegian Language Classes

- (1) "Norwegian In Five Minutes A Month" series. Class 6:30-7:00 PM Tuesdays before lodge meeting in November. No class in December. January 12: Lessons 7 & 8.
- (2) "Norsk Nordmenn og Norge" Class 6:30-8:00 PM Thursdays, 1/month. Sun Ray Library, 2105 Wilson Ave., between McKnight Rd. & Ruth St. December 17: Chapter 18. Future dates: January 21, February 18, March 18, April 22, May 20.

For information, contact class co-facilitators: Sheryl Hove 651-738-4908 or Crystal Bloecher 651-774-8545. New participants are invited to join the classes.

Ingebretsen's Events:

1601 E. Lake St., Minneapolis-612-279-9333

Saturday, Nov. 28 - 1:00 & 2:00 PM Storytelling by Terry Foy, author Of "Da Night Before Kris-moose"

Norse Myths Come Alive!

The Sun & Moon: Jan 6 10- noon

Norse Horse: Feb. 3 10 AM-noon

More on website: ingebretsens.com

Mindekirken

The Norwegian AmericanChurch
924 E. 21st St., Mpls

For information call: 612-874-0716

<u>Filmaften Fall Schedule</u>: Friday, November 27 7:30 PM

Dec. 5 11 AM to 2 PM Christmas cookie sale and Rommegrot luncheon. Quilts, White Elephant table, lefse, knit items, import foods, gifts etc

Santa Lucia Pageant will be presented on Sunday, Dec. 13, 2009 during the 11:00 Norwegian service.

Christmas Concerts:

83rd Concordia Christmas Concert Orchestra Hall, Mpls, Dec. 10, 6:00 and 8:30 PM. Tickets 1-800-292-4141

Magnum Chorum: A Scandinavian Christmas, Dec. 19, 7:30 PM, chapel, Univ. St. Thomas, ticket info at www.magnumchorum.org.

The sounds of the season return as the world-renowned choirs of St. Olaf College star in <u>CHRISTMAS AT ST.</u>
<u>OLAF</u>, a new one-hour PBS holiday special to air nationwide on Wednesday, December 19 at 9 PM

City of Lakes Loppet

Feb. 6 & 7, 2010, including a "Luminary Loppet" Feb. 6, 6:00.

Info: cityoflakesloppet.com

December Julebord Signup Sheet 2009

Plans for our December Julebord are progressing nicely. Many have signed up for their favorite Scandinavian foods. We will start at 6 PM with glog and hors d'oeurves, with dinner to follow. We have some blanks and room for more names. If unable to bring food to share, we ask \$10.00 per person to help defray costs associated with this event. Contact Sharon Kalmes at 651-771-0851 or sharon1073@msn.com to sign up.

• Liver pate / crackers:Pam Bjorum	 Beet Pickles (1 qt.): <u>Sharon Amann</u> _ Judy Jordan_
Most (2 nounds each)	Rutabagas/Carrots:Millie Hartleben
Meat (3 pounds each)	 Copper Pennies: <u>Bev Dougherty</u>
 Potato sausage: <u>Axel Torvi</u> <u>Harry Thomsen</u> 	
	• Red Potatoes w/dill (5 lb.):Trudi Johnson-Richards
Sliced ham: <u>Susan Stow</u> Ron Kvaas	• Broccoli Salad: _Joanne & John Nordale
Meatballs:Jeane Pearson	Raw Veggies & Dip:
LaRee Opdal	
• • • • • • • • • • • • • • • • • • •	• Fruit:
Fish Homing & analyses (1 at). Sharmy Millon	Cranberry salad:Frank Jondal
 Herring & crackers (1 qt): <u>Sherry Miller</u> <u>Penny & Ed Gilbertson</u> 	Cranocity salad. <u>I rank Johdan</u>
<u>remiy & Ed Ghoertson</u>	 Jello Salad: <u>Kathy Stevens</u>
• Salmon (3 lb. fillet):	Desserts
, , ,	Risengrøt (Rice pudding): _Chuck Draheim
	Shirley Brekke
• Shrimp (4 lb): <u>Dave & Mary Beth_Mutchler</u>	Rømmegrøt: Pat Carlson
Lisa Mutchler	
	 Dessert waffles and jam:
<u>Cheese Platter</u> (2 lb. Sliced)	0 · · · · · · · · · · · · · · · · · · ·
Gjetost & crackers:Char Lance	• Søtsuppe: (Fruit soup):
Gjetost & erdekers. <u>Char Edinee</u>	Cookies (4 dozen)
• Jarlsberg: <u>Sue Halvorson</u>	Krumkake: Cathie Reasoner
Breads (2 loaves sliced, then sliced in half)	
• Rye:	Sandbakkels:
Whole wheat:	• Rosettes: <u>JoAnn Hogenson</u>
• Flatbrød (8-10 rounds, broken up):	• Spritz:Jan Hovland
Rosanna Wunrow	Smørbrød (Open face sandwiches; 4 doz. small):
 Julekage: <u>Joanne Berndt</u> 	Egg salad: Sheryl Hove
Rod Hale	Liv Benschine
• Lefse: <u>Gene Hanson</u>	
	Other Sandinavian specialties (Specify)
• Cardamom bread: <u>Meredith (Maf) Berg</u>	 Norwegian Apple Dessert - Ruth Gibson
<u>Vegetables</u>	• 2 Jars Longonberries - Kay Sandeen
• Rødkal (red cabbage):Jane Urness	Liv Benschine
Surkål (sweet/sour cabbage): <u>Laura Sherman</u>	

Ann & Charles Beardshear_

Lodge News

The following slate of officers is proposed for 2010, and will be voted on at the December meeting. If anyone else sould like to be considered, please call Sharon Amann. (Changes are printed in bold.)

Let's celebrate the Sons of Norway's 115th Anniversary—January 16, 2010



Join us for lunch in the Main Dining Room at the Fred Babcock VFW on 67th & Lyndale South, Richfield, MN

Time: 12:00 noon Cost: \$13.00

Select your entrée from the list, note it on your check payable to the Joint Committee, and mail it to Sharon Amann, 1575 2nd St SW, St Paul, MN 55112-3472. Checks must be received

Twin Cities

Hardingfelag

We are delighted to have the Twin Cities Hardingfelag, as featured in the Viking magazine, entertain us. by January 6th.

Entrees Available:

Chef Salad with French or Ranch Dressing French Dip with Cole Slaw Pork Tenderloin with Cottage Cheese Cheeseburger with French Fries Grilled Chicken Breast with Cottage Cheese & Fresh Fruit Reuben Sandwich with French Fries

Sponsored by the Joint Committee of Metropolitan Lodges



Position	2009	2010
President	Sharon Amann	Sharon Amann
Vice President	Ron Stow	Ron Stow
Recording Sectretary	Sue Halvorson	Sue Halvorson
Membership Sectry.	Trudi Johnson-Richards	Trudi Johnson-Richards
Treasurer	Clayton Lance	Mary Beth Mutchler
Cultural Director	Steve Roste	Kathy Stevens
Social Director	Patti Carlson & Shirley Brekke	Patti Carlson & Sharon Kalmes
Counselor	Len Carlson	Mary Beth Mutchler
Trustees	Taffy Storck (1) Meredith Berg (2) LaRee Opdahl (3)	Meredith Berg (1) LaRee Opdahl (2) Wayne Bjorum (3)
Marshall	Curt Hogenson	Ron Kvaas
Asst. Marshall	Ron Kvaas	Chuck Draheim
Sports Director	Rod Hale	Rod Hale
Historian	Lenore Jesness	Lenore Jesness
Musician	Susan Stow	Susan Stow
Greeters	Bev Dougherty Jack Dougherty	Bev Dougherty Jack Dougherty
Publicity	Leif Erickson	Leif Erickson Jana Stow
Foundation/ Scholarship	Clay Keller	Clay Keller
Junior Lodge	Susan Stow	Susan Stow
Adopt-A-School Coordinator	Ruth Gibson	Ruth Gibson
Newsletter Editor	Dave Mutchler	Dave Mutchler
Asst. Newsltr. Ed.	Karen Vinnes	Karen Vinnes Mary Beth Mutchler
Mailer	Beryl Boe	Beryl Boe
Norsk Classes	Sheryl Hove	Sheryl Hove
	Crystal Bloecher	Crystal Bloecher
Auditors	Bob Smith	Bob Smith
	Ed Gilbertson	Ed Gilbertson
	Linda Holmstrom	Linda Holmstrom
Sunshine	Judy Cullen	Judy Cullen
Librarian	Trudi Johnson-Richards	Trudi Johnson-Richards
Genealogy	Cathie Reasoner Fred Matson	Cathie Reasoner Fred Matson
Webmaster	Dave Mutchler	Dave Mutchler

Our Lodge Activities

Salvation Army Bell Ringers

Thanks to the following volunteers who have volunteered to ring on Saturday, Dec. 5 at Byerly's off 94 between Ruth and White Bear Avenue.

9:00 -11:00 AM Clayton and Char Lance 11:00 AM-1:00 PM Loren and LaRee Opdal 1:00 - 3:00 PM Andy & Jane Urness

3:00 - 5:00 PM Dana Carlson and Len Carlson

5:00 - 6:00 PM Dave and Lisa Mutchler

Junior Lodge Update

Energy, pep and enthusiasm abounded at our November meeting! We tried a new game from <u>De gode</u>, <u>gamle barnelekene</u> by Mari Maurstad. The game is called "Knutemor". We divided the group into the taller ones, and the shorter. Two were designated as the "Knutemor" to go into another room while the groups knotted themselves together with arms, legs and hands. It is the job of the "Knutemor" to untangle the group successfully.

We are learning the third new dance this year, "Danse Jase", another dance which shifts from a line to a circle and then back to a line again.

Two junior lodge members were awarded the bronze Idrettsmerke medals. Leigh Boettner-Johnson earned points in water aerobics, dancing and roller blading. Ellen Kneeskern earned all her points as part of the Stillwater swimming team. Congratulations to Leigh and Ellen.

Soren and Sten Hoien were guests who joined right in on all the activities. We hope they will join our group making our membership total twenty-seven strong!

Our Peer Gynt adventure story this month was the portion "In the Hall of the Mountain King" where Peer is asked a riddle by King Brose of Dovre. "How do you tell the difference between a troll and a man?" At first Peer wanted to inherit King Brose's mountain kingdom, but the thought of wearing a tail, losing his eyesight and never leaving the kingdom didn't appeal to Peer. He was only too glad to escape the trolls, King Brose and his daughter when they heard the church bells.

In December we look forward to our annual baking party. This year we are going to try rolling lefse along with baking kringla, and krum kake. Best of all, everyone gets a box of goodies to take home.

- Susan Stow

THE NORDIC IMMERSION VILLAGE ART SHANTY

The Nordic Immersion Village Art Shanty will bring Scandinavia to life on the ice of Medicine Lake in Plymouth this January and February! A part of the larger Art Shanty Projects, an event organized around the design and construction of ice fishing shanty-like structures and production of engaging projects, art, events, and shows at the site, the Nordic Immersion Village Art Shanty will provide a Scandinavian twist to the event.

Scandinavian activities at the shanty may include dressing up like Vikings, herding imaginary reindeer, and choreographing dances to Eurovision songs. Visitors will be invited to celebrate 'the Art of Nordic Languages' by picking a name from one of the Nordic countries, learning culturally authentic songs and crafts, and participating in hands-on language classes.

The project is directed by Valerie "Magna" Borey of Concordia Language Villages Norge Rundt program, a one Saturday morning a month version of CLV's Skogfjorden during the school year, along with Sarah "Hannah" Hansen and David "Bjorn" Christian. For more information about the Nordic Immersion Village Art Shanty, go to http://nordicimmersion.weebly.com/index.html . If you're interested in volunteering on the project (e.g., to help build the structure, run activities, etc.) or would like more information about Norge Rundt, please contact Valerie at vborey@hotmail.com .

- Clay Keller

This and That

(We are always interested in members submitting articles on books they have read or movies or plays they have seen.)

THE CORNER LIBRARY

-By Don Halvorson

Caught up in the realities of war and occupation, <u>The Shetland Bus</u> by David Howarth is the story of a flotilla of WWII Norwegian fishermen who strike back at their German oppressors in the only way that they know how. Based in the Shetland Islands, the mission of the group is simple: to deliver men and materials to the coast of Norway undetected and return to the Shetland Islands with any refugees anxious to flee the situation there. Add to that a lonely thousand mile journey of winter darkness, violent storms in the North Atlantic, and an occasional detour from the mission at hand, and you have a fresh look at a resistance story not often written about before.

David Howarth, a British Naval Officer and the leader of this Norwegian-manned fleet, is the storyteller. With his meticulous attention to detail and his personal involvement with the subject matter, Howarth has created a day by day journal of this remote little known corner of the war. An author of two dozen major works, he also wrote The Sledge Patrol and We Die Alone, which also take place in this theater of operations.

Howarth, David <u>The Shetland Bus</u>. Originally published in 1951 by Thomas Nelson and Sons Ltd., First Lyons Press Edition 2001

All three of the books are available from Vesterheim Museum and Ingebretsen's.

<u>We Die Alone</u> is also available from the Ramsey County Libraries.

A note from Trudi: The Shetland Bus and The Sledge Patrol are available from our lodge library. We Die Alone would make a nice donation to the library.

THE CORNER LIBRARY TOO

<u>West Oversea</u> is Lars Walker's best book so far. Set in the time of transition between Old and New, between the Old Gods and the New Christian God, between the Old Ways of the Sight and the New Way of Faith, it is the story of a journey.

Aillil and his sister Maeve were captured years before in a Viking raid on Ireland and sold into slavery. Aillil was sold to Erling Skjalgsson to serve as his household priest. Now years later, Father Aillil hears a story about a thrall in Iceland who sings the same song his sister used to sing to him. Could it be? Could this be his sister Maeve? Father Aillil sets out to find her and free her. On his journey he finds out that the Old Gods and the Sight that they give men are more real than he thought. He has counseled others away from such things, but could this Sight help him find his sister? With Erling Skialgsson he leaves Norway and goes to sea, to Greenland, Vinland and finally to Iceland. He has just one chance to see his sister again, but which way will take him to her? The Way of Faith in the New Christian God? Or the Old Ways and the Sight? And if he uses the Sight, can he trust it? You have to read to the end of the book to find out the answer to that.

Father Aillil's earlier adventures are found in the <u>Year of the Warrior</u>, also by Lars Walker. It is also a good read. For more info on this book go to Larswalker.com.

- Ann Beardshear





Benefit News Gifts that Last

The holidays are rapidly approaching so shopping may be on your mind. Of course, you can find many different types of thoughtful presents that will "make the day" of your loved ones. But why not give a gift that can brighten their entire future? Specifically, why not give a financial gift that has long-term benefits?

Here are some ideas of gifts that will have lasting value in someone's life.

- Start a college fund for a child or grandchild.
- Why not start an IRA account for a recent graduate?
- Buy a Life Insurance policy for a newborn grandchild.
- Consider charitable giving to a favorite organization.

The holidays are only here for a short while - but your financial gifts to your loved ones can make a difference in their lives for years to come.

Greg Hovland Financial Benefits Counselor 651-429-2304 ltcfinancial@msn.com www.LtcFinancialServices.com

Synnøve-Nordkap Lodge #1-008 **Sons of Norway** 3496 Nancy Place Shoreview, Minnesota 55126-8005



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Linda Holmstrom 770-8989

(* All area codes are 651 unless otherwise specified).

SYNNØVE-NORDKAP SONS OF NORWAY LODGE #1-008 First Lutheran Church 463 Maria Ave. St. Paul. MN 55106 651-762-7872





Upcoming Activities

Julebord - Tues, Dec. 8 "Away in a Basement" - Sun. Dec. 27 "An Apple a Day" - Tues. Jan. 12

More Info Inside

The Mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members. Synnøve-Nordkap Lodge welcomes visitors and new members.